



ATRA
EMPOWERING RECREATIONAL THERAPISTS

**MAKING CONNECTIONS
MOVING FORWARD**

ANNUAL CONFERENCE

SEPTEMBER 13-16, 2018
GRAND RAPIDS, MICHIGAN



WELCOME TO THE GREAT STATE OF MICHIGAN!

Be sure to check out the **Experience Grand Rapids** host table, as well as the **Michigan Therapeutic Recreation Association** table in the exhibit hall. We want to be sure that you have the opportunity to experience the greatness of our city and state.

Here are a few things to know about us:

1. That drink the rest of the country calls "soda" is called "pop" here, and Vernors is one of Michigan's favorites.
2. People from Michigan show others where they live by pointing to a spot on the back of their left hand. Go ahead – ask someone from Michigan where they live, you'll see what we mean.
3. There really is a town called Hell in Michigan.
4. Michiganders calculate distance in minutes, not miles. "I live 12 minutes from here."
5. You really can experience all four seasons in one day... just ask one of us.
6. We do not trash our pop cans. Remember that Seinfeld episode where they load the post office truck with cans? 10 cents per can when you return them.
7. If you are driving around, you will get to experience a Michigan left... in many places we do not turn left at the traffic light, but rather make a Michigan u-turn after the light.
8. There are two seasons in Michigan... winter and construction.

Dear ATRA Annual Conference Attendees,

WELCOME!

We are thrilled to have you join us in **Grand Rapids** for the **2018 Conference**. This event is very important, not only to ATRA, but to the field of Therapeutic Recreation. ATRA's mission is to Empower Recreational Therapists, and this conference is a wonderful example of how we do that.

The theme of the conference is "Making Connections, Moving Forward." Many of you have traveled a great distance to be with us. Thank you for your commitment to your profession. This is the largest gathering of Recreational Therapists in the world, with attendees from all over the US, Canada, and world. This is your chance to network and make connections.

While you are here, we encourage you to meet new people. If you see someone sitting alone, ask them to join you. If you are new to the conference, please feel comfortable to approach anyone. After all, we are recreational therapists.

Want to learn more about ATRA? Want to get involved? Want to help move the profession forward? There are lots of people you can ask. If you see an ATRA board member, section leader, or committee chair (we will have ribbons identifying us), please introduce yourself. We are here to help you maximize your experience with us, and we want to empower you in your work, advocacy and profession.

Enjoy the Conference!

Marieke Van Puymbroeck, PhD, CTRS, FDRT, ATRA President

Dawn DeVries, DHA, MPA, CTRS, Conference Chair

WELCOME

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ATRA'S LIFETIME PROFESSIONAL MEMBERS

Lifetime Professional members have committed themselves to supporting ATRA. We are indebted to their support, which allows ATRA to provide its members with quality benefits and services!

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Kathleen Olson

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Jennifer Orocio

Gerardo Perez

Danny Pettry

Carla Ruff

Laree Shanda

Kami Simpson

Janis Smith

Marcia Smith

Alane Thomas

Suzanne Thompson

Marieke Van Puymbroeck

Diane Wagner-Heffner

Veda Ward

Mark Weingrad

Heewon Yang

2017-2018 PEG CONNOLLY SCHOLARSHIP RECIPIENTS

The following students were selected to receive the 2017 and the 2018 Peg Connolly Scholarship award from the American Therapeutic Recreation Association. Due to the conference's cancellation last year, we are honoring both years' recipients at our 2018 Annual Conference. Congratulations!!!

2017 Scholars

Undergraduate

Jennah Thompson Grand Valley State University

Abigail Lee Greer Georgia Southern University

Elizabeth Murphy Clemson University

Graduate

Amina Chaudry University of North Carolina, Greensboro

Jason Page Clemson University

2018 Scholars

Lauren Lee Isaacs University of Utah

Allison Kronyak Slippery Rock University

Kyla Madden University of New Hampshire

Samantha Petite University of Wisconsin

Kelly Walsh Arizona State University

The scholarship honors Peg Connolly, the first ATRA president and former executive director of the National Council for Therapeutic Recreation Certification. The scholarship provides tremendous personal and professional benefits and awards for students by giving them a paid conference registration, hotel accommodations and a meal stipend to this conference.

Peg Connolly Scholars assist in various aspects of the onsite annual conference logistics. If you see one of our scholars, please welcome them to the conference!

ATRA 2018

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SPONSORS & EXHIBITORS

ATRA PAST PRESIDENTS

- 2016-2017 Marilyn Radatz
- 2015-2016 Dawn DeVries
- 2014-2015 Debbie Robinson
- 2013-2014 Norma Stumbo
- 2012-2013 Diane Skalko
- 2011-2012 Vicki Scott
(09/2011 - 06/2012)
- 2010-2011 Mary Ann Aquadro
- 2009-2010 Missy Armstrong Beyerlin
- 2008-2009 Mary Ann Keogh Hoss
- 2007-2008 Marcia Smith
- 2006-2007 Sandy Negley
- 2005-2006 Bryan McCormick
- 2004-2005 Nancy McFarlane
- 2003-2004 Melinda Conway Callahan
- 2002-2003 Glenn "G.T." Thompson
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- 2000-2001 Diane Etzel-Wise
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- 1996-1997 Debbi Hutchins
- 1995-1996 Frank Basile
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- 1993-1994 Mary Jean Erwin
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- 1991-1992 Carmen Russoniello
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- 1989-1990 Mike Rhodes
- 1988-1989 Roy Olsson
- 1987-1988 Ann Huston
- 1986-1987 Bernie Thorn
- 1985-1986 Ray West
- 1984-1985 Peg Connolly

ATRA DISTINGUISHED FELLOWS

- 2017 Missy Armstrong Beyerlin
- 2016 Deborah Hutchins
- 2015 Sandra Negley
- 2014 Bryan McCormick
- 2013 Charles Dixon
- 2012 Jeff Witman
- 2011 Linda Buettner
- 2010 Leandra Bedini
- 2009 Glenn "G.T." Thompson
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- 1994 Thom Skalko
- 1993 Jerry Jordan
- 1992 Bob Riley
- 1991 Ray West
- 1990 Peg Connolly
- 1989 Nancy Navar
- 1988 Bernard E. Thorn
- 1987 David Park

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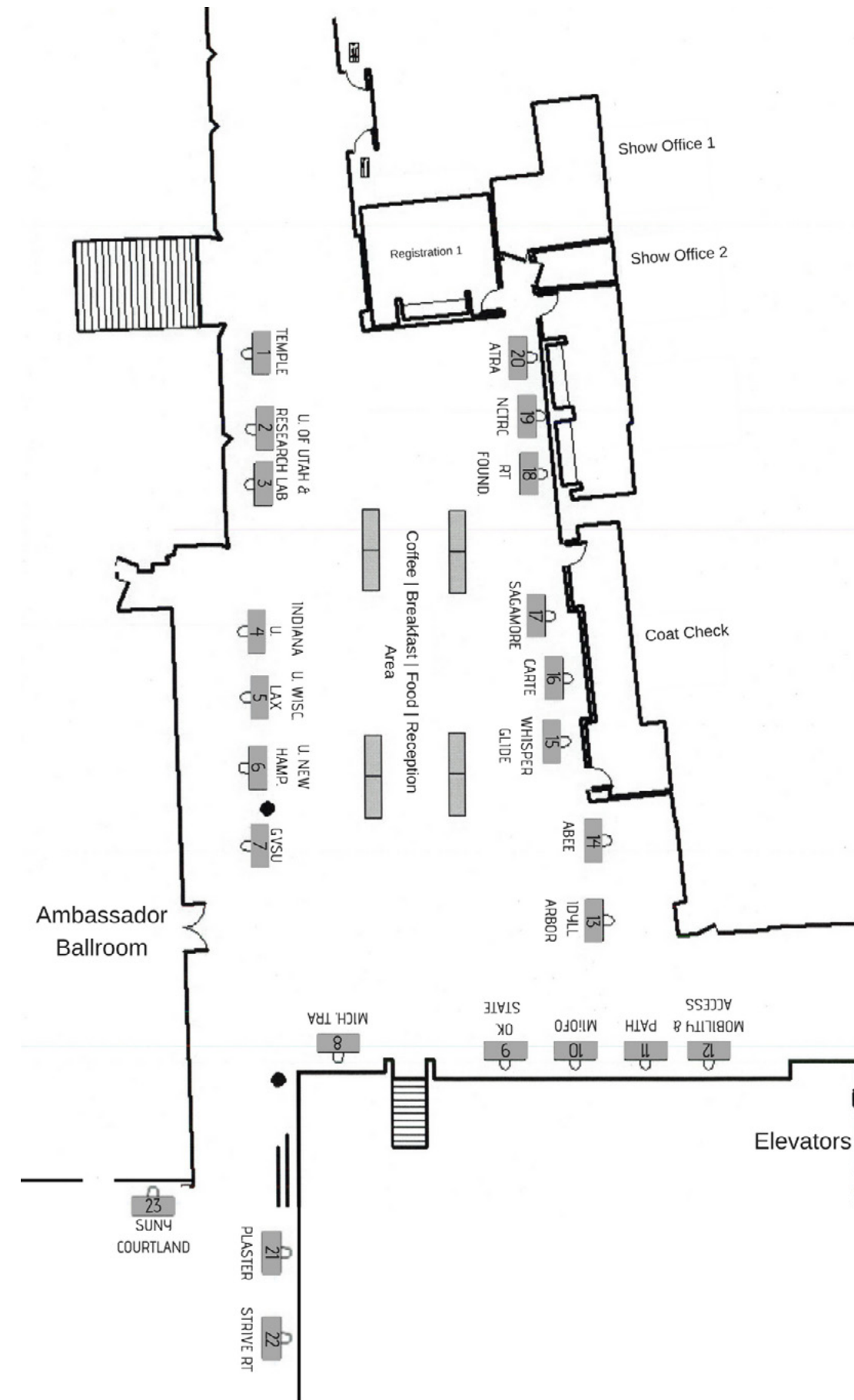
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ATRA 2018

MAKING CONNECTIONS MOVING FORWARD

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|---|-------|
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| University of Wisconsin La Crosse | 5 |
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| Grand Valley State University | 7 |
| Michigan Therapeutic Recreation Association | 8 |
| Oklahoma State University | 9 |
| Michigan Operation Freedom Outdoors | 10 |
| PATH | 11 |
| Mobility & Access | 12 |
| Idyll Arbor | 13 |
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| Plaster of Paradise | 21 |
| Strive Recreation Therapy | 22 |
| State University of New York - Courtland | 23 |

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EXHIBITORS



A SPECIAL THANK YOU

SCHEDULE

ATRA 2018

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| WEDNESDAY September 12 | |
|--------------------------|--|
| 8:30 a.m. – 5:00 p.m. | ATRA BOARD OF DIRECTORS MEETING Campau Room Open to all ATRA members |
| 2:00 p.m. – 7:00 p.m. | REGISTRATION AND CONFERENCE CHECK-IN Center Concourse Area Second Floor |

| CONFERENCE KEY | |
|----------------|--------------------------------------|
| PP | Professional Practice |
| ED | Educators |
| CA | Child / Adolescent |
| VA | Veterans and Active Military |
| CM | Community |
| RE | Physical Rehabilitation and Medicine |
| MH | Mental Health |
| ST | Students |
| SCH | Schools |
| | ATRA Events |
| OA | Older Adult |
| MGMT | Management |
| ALL | All Populations |
| RES | Research Institute |

| THURSDAY September 13 | | |
|--------------------------------------|--|---------------|
| 7:00 a.m. – 5:00 p.m. | REGISTRATION & CONFERENCE CHECK-IN Center Concourse Area Second Floor | |
| PRE-CONFERENCE INSTITUTES FULL DAY | | |
| 8:30 a.m. – 5:00 p.m. | Playing to Heal: How Competitive Sports Can Serve as Adjunct Treatment for People Affected by Psychological Trauma | RE, MH |
| | Session #PC1, 0.60 CEU Emerald A | |
| | Lou Bergholz Maren Rohas, MA This workshop introduces participants to the emerging field of sports-based stabilization and will explore the unique ways that sport can promote self-regulation, competency building, and attunement; all crucial building blocks that help people affected by psychological trauma to heal. The day will be spent learning about key elements of a sports-based stabilization framework. We will map the ways that cutting-edge trauma research and clinical approaches can be applied to a sport context. We'll do this by walking in the shoes of a trauma-sensitive coach, learning techniques that can be applied to a wide range of recreation settings. There will be opportunities to study current examples of organizations that are utilizing sport to heal. Discover how competition and even leagues and tournaments can be re-imagined and harnessed for healing. And, we will be sharing lessons learned and best practices from a current sport for healing intervention being implemented in an after-school setting in Canada. Prepare to see sport in a new light and gain knowledge, skills and tools you can use in your therapeutic recreation work. Additionally, participants will leave with a "playbook" of content and techniques! | |
| 8:30 a.m. – 5:00 p.m. | Preparing the Self-Study for Academic Accreditation in Recreational Therapy: A Hands-On Session (FREE) <i>Educators Only</i> | ED |
| | Session PC2, 0.60 CEU Emerald B | |
| | Rhonda Nelson, PhD, CTRS, MTRS, MT-BC Teresa Beck, PhD, CTRS, FDRT Jennifer L. Hinton, PhD, LRT/CTRS, FDRT The purpose of this full-day Pre-Conference Session is two-fold. The session will provide an overview of accreditation under the Commission on Accreditation of Allied Health Education Programs (CAAHEP) and the Committee on Accreditation of Recreational Therapy Education (CARTE). More importantly, the session will provide hands-on experience in completing the forms required as part of the process for seeking academic accreditation under CAAHEP-CARTE. Participants should bring: 1) a lap top computer for hands-on work, 2) copies of course syllabi, and 3) University information. Hands-on work is designed to jump-start your efforts to achieve CAAHEP academic accreditation under the "gold standard" for allied health programmatic accreditation. Note: Pre-registration is required and limited to individuals who can come prepared to actively work on an academic program self-study. | |

| | | |
|---|---|---------------|
| 8:30 a.m. – 5:00 p.m. | Maintaining Quality Clinical Care During A Community Aquatics Careplan 32 Person Limit | RE |
| <p>Session #PC3, 0.60 CEU 8:30 a.m. – 12:00 p.m. Ruby 1:30 p.m. – 5:00 p.m. Pool</p> <p>Nicole Scherbarth, CTRS, ATRIC</p> <p>This lecture & pool lab is appropriate for any CTRS who works with clients in a community setting and wants to ensure quality therapeutic practice in the community continuum of care. Working with a client in a community setting, there are many environmental variables which should be considered in order to keep treatment sessions therapeutic. Participants will learn helpful professional tools, forms, safety practices, documentation content recommendations and smart phone apps that will help aid in taking a holistic, yet medically therapeutic approach to helping their client progress during aquatics sessions.</p> | | |
| PRE-CONFERENCE INSTITUTES MORNING | | |
| 10:00 a.m. – 10:30 a.m. | BREAK Center Concourse Area <i>Second Floor</i> | |
| 8:30 a.m. – 12:00 p.m. | The Standards for the Practice of Recreational Therapy (SOP): Practical Use for Improving Delivery of RT Services (FREE) | PP |
| <p>Session #PC4, 0.30 CEU G. R. Ford</p> <p>Marcia Smith, MA, CTRS Tim Passmore, EdD, CTRS/L, FDRT Heather Bright, MS, CTRS</p> <p>Recreational Therapy & the Self-Assessment Guide (SOP-SAG). The session is designed to gather information from Educators and to share with them tools that the Committee is designing to aid in the teaching of the SOP-SAG. The Committee is committed to the consistent teaching of the Standards as this is critical to students developing an understanding of how this document enhances their skills & delivery of services. The ATRA SOP-SAG were developed based upon requirement of health care regulatory agencies, standards of health care accreditation agencies, a review of related literature, including the NCTRC job Analysis and a comparison of standards of practice of other allied health disciplines.</p> | | |
| 8:30 a.m. – 12:00 p.m. | Exploring the Labyrinth: An Evidence-Based Mindfulness Intervention | CM |
| <p>Session #PC5, 0.30 CEU Governor's</p> <p>Karen Wenzel, MS, CTRS</p> <p>In this session we will explore the Labyrinth as an evidence-based intervention. Participants will learn the history of labyrinths, and explore current applications. They Labyrinth is being used with with positive outcomes with individuals who are living with chronic health conditions, mental illness, autism, the frail elderly and their caregivers, and in corrections facilities. Labyrinths are being used on hospital campuses, and in libraries in higher education. Learn how to incorporate Mindfulness Walking using the labyrinth in your therapeutic practice and as a self-care strategy. Extensive resources will be shared including instruments used to measure outcomes and demonstrate efficacy. Come prepared to personally explore the Labyrinth.</p> | | |
| 8:30 a.m. – 12:00 p.m. | The PeaceLove Approach: An Opportunity for Expressive Arts in Recreational Therapy | VA, MH |
| <p>Session #PC6, 0.30 CEU Vandenberg A</p> <p>Taylor Rae Hooker, MS, CTRS, PeaceLove Creator Brittany Hook, CTRS, PeaceLove Creator</p> | | |

| | | |
|---|--|------------|
| 8:30 a.m. – 12:00 p.m. | The Sacred Circle... Recreational Therapy and the Group Process | MH |
| <p>Session #PC5, 0.30 CEU Vandenberg B</p> <p>Sandra Negley, MS, MTRS, CTRS, FDRT</p> <p>This session is designed to address and advance practice skills for facilitating group process. Using activity-based interventions to create change within a group environment requires knowledge of the activity selection, group process, goal determination and goal directed processing. The attendees will be asked to analyze their current group process skills. The session will explore values and beliefs of the role of the facilitator, surrendering personal goals in order to empower the group process, and the art of processing an experience.</p> | | |
| 12:00 p.m. – 1:30 p.m. | LUNCH (on your own) | |
| PRE-CONFERENCE INSTITUTES AFTERNOON | | |
| 3:00 p.m. – 3:30 p.m. | BREAK Center Concourse Area <i>Second Floor</i> | |
| 1:30 p.m. – 5:00 p.m. | How Do I Ensure That My Recreational Therapy Program Is Covered and Following ATRA Standards of Practice (FREE) | PP |
| <p>Session #PC8, 0.30 CEU G. R. Ford</p> <p>Tim Passmore, EdD, CTRS/L, FDRT Dawn DeVries, PhD, CTRS Thea Kavanaugh, MPH, CTRS Kristen Fedesco, MA, CTRS</p> <p>This session will cover the basics related to ensuring coverage of Recreational Therapy in physical rehabilitation, behavioral health, skilled nursing, public schools, and other settings that Recreational Therapy is provided.</p> | | |
| 1:30 p.m. – 5:00 p.m. | The Strength of Smell: How the Field of Therapeutic Recreation Can Integrate Evidence Based Aromatherapy into Recreation Therapy Practice 25 Person Limit | ALL |
| <p>Session #PC9, 0.30 CEU Governor's</p> <p>Gena Bell Vargas, PhD, CTRS</p> <p>Our earliest sense to develop, smell, is very strongly interwoven into our life experience. Applying the principles of aromatherapy can help to improve participant outcomes across the field of Therapeutic Recreation. In this session, participants will learn how to integrate evidencebased aromatherapy into their recreational therapy practice setting. Participants will begin by learning about the chemical building blocks of essential oils. Once their foundational understanding is built, they will add to their base by learning how to assess participants in relation to possible aromatherapy interventions, how to incorporate aromatherapy into the recreational therapy treatment plan, facilitation approaches to implement aromatherapy, how to evaluate aromatherapy related outcomes, and how to accurately represent the integration of aromatherapy in their documentation. Come join this interactive session and add another tool to your modality belt!</p> | | |

| | | |
|---|--|-------------|
| 1:30 p.m. – 5:00 p.m. | Promote Healing and Build Resiliency Through Evidence-Based Practices; For You, Your Agency And The People You Serve | MH |
| Session #PC10, 0.30 CEU Vandenberg A | | |
| Marti Winterhalter, MBA, CTRS, RTC Discover and delve into cutting edge evidence based practices: i.e.: DBT, WRAP (Wellness Recovery Action planning) and Seeking Safety (Trauma informed care practice). This session will lay the foundational theories and concepts of advanced evidence based practices that Recreation therapists can use to implement in their setting. From learning how each can be used as interventions with clients that build resiliency as well as how to create a healing environment that promotes wellness and recovery. | | |
| 1:30 p.m. – 5:00 p.m. | Navigating the Changes in Healthcare: Understanding and Applying Evidence Based Management Techniques and Intentional Leadership for Professional and Personal Growth | MGMT |
| Session #PC11, 0.30 CEU Vandenberg B | | |
| Donna Gregory, MBA, CTRS Missy Armstrong Beyerlin, MS, CTRS/R, FDRT Mary Ann Keogh Hoss, PhD, CTRS, FACHE, FDRT Sharon Nichols, CTRS, FDRT Changes in healthcare are happening fast and the impact on consumers and the role of Recreational Therapy is difficult to keep up with. This session will provide up to date information on changes in healthcare policy including the Affordable Care Act, funding sources, Medicare, health related outcomes, and a broadened perspective on environments and models of care. Information on how Recreational Therapists can adapt and thrive professionally and personally will be reviewed. Concepts of inter-professionalism, health promotion, and paradigm shifts will be discussed. Practical approaches to applying management and leadership techniques including the use of data driven information, custom messaging and being a value-added change agent in this dynamic health care environment will be discussed. | | |

GENERAL SESSION

| | |
|---|--|
| 5:30 p.m. – 7:00 p.m. | Welcome and General Opening Session |
| Session #1, 0.15 CEU Ambassador Ballroom | |
| Meeting of the Minds: The Present and Future State of Recreational Therapy | |
| Moderator: Miranda Ward-Gardner, CTRS, ATRIC | |
| Panelists: Diane Wagner-Heffner, MA, CTRS, CBIS Jennifer Piatt, PhD, CTRS Anne Richard, MS, LRT/CTRS Joy Spahn, Regional Director, Alzheimer's Association | |
| The 2018 Opening Keynote will get you thinking and reflecting on the future of recreational therapy. Where are we going as a profession? What do we need to do to establish our field? What challenges are we facing and what new opportunities are on the horizon? Hear from a panel of recreational therapists and healthcare providers on how recreational therapy moves forward into the the 2020's and beyond. | |

| EVENING ACTIVITIES | |
|---|--|
| 7:00 p.m. – 9:00 p.m. | Opening Conference Social Reception |
| Center Concourse Area Second Floor | |
| Light Hors D'oeuvres & beverages | |
| Join us for our kickoff social as you explore our exhibitor tables. Appetizers and a cash bar will be available. Be on the lookout for raffles at exhibitor tables and ask how their services and products can improve your practice. | |



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FRIDAY | September 14

7:00 a.m. **REGISTRATION & CONFERENCE CHECK-IN**

Center Concourse Area | Second Floor

7:00 a.m. **Student Development Committee Meeting | Emerald A**7:30 a.m. – 8:30 a.m. **BREAKFAST | Center Concourse Area | Second Floor**8:30 a.m. – 5:00 p.m. **EXHIBITS**

GENERAL SESSION

8:30 a.m. – 10:00 a.m. **General Session: Public Policy Update
What You Need to KNOW and How It Affects You**

Session #2, 0.15 CEU | Ambassador Ballroom

Peter Thomas, JD

Public policy and legislative advocacy are essential to any profession, and represents a significant amount of work undertaken by ATRA on behalf of recreational therapists. During this session, participants will hear about what is currently happening in Washington, DC related to healthcare, disability services, and recreational therapy. Information will be presented about HR 626 and other important efforts ATRA is involved in for recreational therapists.

10:00 a.m. – 10:30 a.m. **BREAK | Center Concourse Area | Second Floor**

CONCURRENT BREAKOUT SESSIONS

10:30 a.m. – 12:00 p.m. **Physical Rehab & Medicine Section Update** RE

Session #3, 0.15 CEU | Vandenberg A

Kaitlyn Daly Mueller, MS, CTRS
Karley Brouwer, CTRS, CDP

This session will focus on evidence-based practices, communication strategies and public policy issues related to the Physical Rehabilitation and Medical Section. Current evidence for recreational therapy practice in the Physical Rehabilitation and Medical Section will be discussed with a focused discussion on interventions to better serve patients with spinal cord injury, traumatic brain injury, stroke, Parkinson's Disease, and other neuromuscular disabilities. An update on communication strategies for the PR&M Section will be discussed as it pertains to increased networking's and sharing of ideas and strategies for Section members. Furthermore, two public policy issues that relate to Physical Rehabilitation and Medicine will be discussed through interactive break out discussions in small groups.

10:30 a.m. – 12:00 p.m. **Child & Adolescent Section Update** CA

Session #4, 0.15 CEU | Emerald B

Abby Pestak, MS, CTRS, Certified ChildLight Yoga Instructor

This session will focus on evidence-based practices, competencies, and public policy related to ATRA's Child & Adolescent Section. An update regarding Child & Adolescent section involvement with Evidence-Based Practice committee will be provided by our liaison. Participants will be asked to identify & rank potential treatment modalities for future EBP practice guidelines. An update on the ATRA competency study will be discussed as it pertains.

to the Child & Adolescent Section. An update from our public policy liaison will be discussed as it relates to this practice area. Session will conclude with break out discussions in small groups focused on advocacy, marketing, benefits of section involvement and creating a plan for action

10:30 a.m. – 12:00 p.m. **Behavioral Health Section Update** MH

Session #5, 0.15 CEU | G. R. Ford

Holly Eichner, MEd, CTRS
Tayler Heath, CTRS

The BH Section would like to discuss the changes in today's healthcare environment and how we set standards to ensure quality delivery of care for all CTRS working in BH; as well as, CTRS who work in other treatment areas but find they are working with BH patients. We will explore competencies and training needs for CTRS in BH and other treatment areas so we are prepared as a profession to meet the needs of the BH clients no matter where we work with them.

10:30 a.m. – 12:00 p.m. **Older Adult Section Update/Having a Voice for Our Older Adults** OA

Session #6, 0.15 CEU | Governor's

Melissa Long, CTRS, DPG
Laura Kelley, MS, CTRS
Jodi Douglas, CTRS

This session will focus on evidence-based practices, standardized assessments, competencies, and public policy initiatives related to the Older Adult Section. Current evidence related to the RT practice will be presented with a focused discussion on older adults with depression, stroke, and dementia related behaviors. This session will empower practitioners to gather data in their practice by presenting several case studies with associated valid and reliable assessment tool instruction and training for related diagnoses in RT practice. In addition, RT Geriatric Competencies will be discussed as well as how practitioners can utilize this self-assessment tool to identify areas of competencies requiring further professional development. Furthermore, current public policy issues will be presented to provide resources and tools for practitioners to become advocates for the older adult population who benefit from our services. We will present case studies on common difficult behaviors recreational therapists face with older adults.

10:30 a.m. – 12:00 p.m. **Community Section Update** CM

Session #7, 0.15 CEU | Emerald A

Kristen Clatos Riggins, MA, CTRS, ATRIC

This educational session of the Community Section focus on defining "community" within Recreational Therapy practice, current evidence-based practice, as well as identifying trends and issues specific to this treatment area. Advocacy and public policy issues will be explained, while competencies for the practice of recreational therapy in the community will be explored. Section coordinators will facilitate discussion on current practices, as well as future plans for the Section.

10:30 a.m. – 12:00 p.m. **Management Section Update** MGMT

Session #8, 0.15 CEU | Ruby

Missy Armstrong Beyerlin, MS, CTRS/R, FDRT

ATRA Management Section Introduction and Challenge

Are you prepared to grow with the profession? How to utilize the skills you have and make yourself marketable in the global arena.

| | | |
|--|--------------------------------|-----------|
| 10:30 a.m. – 12:00 p.m. | Veterans Section Update | VA |
| Session #9, 0.15 CEU Vandenberg B | | |
| <p>Jessie Bennett, PhD, CTRS Deborah Tysor, MS, TRS, CTRS</p> <p>This educational session of the Veterans/Military Service Treatment Section will focus on current evidence-based practice for the veteran and service member population in recreational therapy. We will also discuss theories that inform recreational therapy practice with Veterans/Military service members. Cultural competency resources for the practice of recreational therapy with veterans and service members will be discussed. Treatment network coordinators will facilitate discussion on current practices, and future plans for the treatment section.</p> | | |

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| 10:30 a.m. – 12:00 p.m. | Schools Section Update | SCH |
| Session #10, 0.15 CEU Pearl | | |
| <p>Amanda Chamberlain, CTRS/L</p> <p>This session will focus on marketing/advocacy, public policy, modalities of intervention, and research as related to the Schools Section. Current status of recreational therapy practices in school systems will be discussed with a focus on past/current section work plan results. Specifically, networking efforts through social media and the new website, current public policy issues, identification of top modalities of intervention, and research ventures will be discussed.</p> | | |

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| 12:00 p.m. – 1:30 p.m. | LUNCH (on your own) | |
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| 12:00 p.m. – 1:30 p.m. | National Academy of Recreational Therapists Meeting | |
| Vandenberg B | | |
| <p>Candace Ashton, PhD, LRT/CTRS, FDRT</p> <p>NART members only</p> | | |

CONCURRENT SESSIONS

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| 1:30 p.m. – 3:00 p.m. | Sexuality, Intimacy & Living With A Spinal Cord Injury: A Female's Perspective | RE |
| Session #11, 0.15 CEU Vandenberg A | | |
| <p>Jennifer Piatt, PhD, CTRS Eric Knee, MS Lori Eldridge, MS, RTC</p> <p>Educational materials available for females living with a SCI that collectively focus on both intimacy and sexuality is narrow and limited according to a recent study completed by the authors of this session. The majority of the literature for women living with a SCI educates individuals on the physical sexual response, orgasm, and reproductive health. These biomedical dimensions are unquestionably a significant concern for women (and their partners) but they inadequately summarize a female's sexual and intimacy needs and wants, particularly with this population. Females who are living with SCI have expressed that they now view sexuality and intimacy very different than prior to the injury. Females have identified a need for a heightened psychosocial connection with their partner to achieve both interpersonal intimacy and physical orgasm. They have shifted focus of sexual interactions from the physical to a more mental, spiritual, and emotional experience. Data reveals that the information on</p> | | |

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| 1:30 p.m. – 3:00 p.m. | Multi-Sensory Environment: Therapy and Programming: A Peek at the NWSRA Snoezelen Sensory Room | CA, SCH, CM |
| Session #12, 0.15 CEU Emerald B | | |
| <p>Andrea Griffin, CTRS, CPRP Tracey Crawford, CTRS, CPRP Rachel Hubsch, CTRS, CPRP</p> <p>Imagine a room where a child with Autism can feel safe, or a teenager with Asperger's can relax his mind through a multi-sensory experience, or an adult with Down syndrome can feel in control and make choices independently. Through technology and innovative design multi-sensory environments help to create a therapeutic alliance between the client and staff as well as a safe place to develop life skills.</p> | | |

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| 1:30 p.m. – 3:00 p.m. | Partial Hospitalization for the Pregnant or Postpartum Mother - A Recreation Therapist's View | MH |
| Session #13, 0.15 CEU G. R. Ford | | |
| <p>Melissa Vander Laan, CTRS</p> <p>This is an opportunity to learn more about treating mothers with Perinatal Mood and Anxiety Disorders (PMAD). The session will include the history of treatment programs over the past twenty years, Pine Rest's Mother and Baby PHP and the role of the recreation therapist working with mothers struggling with this illness.</p> | | |

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| 1:30 p.m. – 3:00 p.m. | Teach Me, Don't Tell Me: The Montessori Approach to Aging and Dementia | OA |
| Session #14, 0.15 CEU Emerald A | | |
| <p>Brandon Beck, CTRS, CMP Chris Anne Simons, CTRS, CMP Christina Turkewycz, CTRS, CMP</p> <p>Learn about an innovative new program that changes the way we approach life for those living with Dementia. By creating a prepared environment filled with cues and memory supports, we enable individuals to care for themselves, others, and their community. Learn how the Montessori approach can radically improve the outlook and quality of life for persons living with Dementia. By focusing on preserved abilities, we can create a hopeful and supportive environment with meaningful roles. We will also discuss the results and implementation strategies surrounding the nation's first research based Montessori & Aging in Dementia program.</p> | | |

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| 1:30 p.m. – 3:00 p.m. | Empowering the Recreational Therapist to Implement Effective Evidence-Based Fall Prevention Programs | OA |
| Session #15, 0.15 CEU Governor's | | |
| Michelle Bateman, PhD, ACSM, EP-C One in three older adults 65 years of age or older will experience a fall within one year, and according to the CDC, the number of older adults will double by the year of 2030, to approximately 71 million. This significant increase of older adults in America in relation to the prevalence of falls among this population makes it critical for Recreational Therapists to know how to implement an effective evidence-based fall prevention program. Research shows that an exercise group that incorporates balance training can decrease an older adult's risk of a fall by 25%. This session will focus on how the somatosensory, vestibular, and visual systems impact balance and fall risk and strategies to target those systems to improve balance, valid/reliable assessments that can be used to measure balance/fall risk and provide an example of an evidence-based fall prevention program. | | |
| 1:30 p.m. – 3:00 p.m. | Educators' Forum – ATRA Standards for the Practice of Recreational Therapy (SOP): An Educator's Tool | ED |
| Session #16, 0.15 CEU Ruby | | |
| Tim Passmore, EdD, CTRS/L, FDRT Marcia Smith, MA, CTRS Heather Bright, MS, CTRS The session is for Educators. This session will provide an update on the progress and future trajectory of the development of an educator's tool. The Committee wants and needs input from Educators regarding the future development of the tool. Input from Educators will provide the committee with valuable insight on what would be helpful to Educators when teaching the SOP, what the barriers might be, as well as, what suggestions they have for the successfully implementation and making the tool accessible and available. | | |
| 1:30 p.m. – 3:00 p.m. | STRESS: Stress Training for RTs to Employ Sustainable Solutions | VA, BH |
| Session #17, 0.15 CEU Ambassador Ballroom | | |
| Matthew Fish, PhD, LRT/CTRS, LPCA, BCB This session will provide foundational knowledge of stress and stress-management interventions specifically for Recreational Therapists. This session includes an overview of stress and illness, assessment considerations, methods for implementing stress management interventions with applied examples in the recreational therapy setting, and client/program evaluation. Participants will be exposed to and practice various techniques (e.g., recreation, meditation, mindfulness, and biofeedback). Ultimately, this session will demonstrate how Recreational Therapists can implement sustainable stress management practices into their setting. | | |
| 1:30 p.m. – 3:00 p.m. | Finding Connections: RT Strategies to Enhance Spirituality Among Transition-Aged Youth With Mental Illnesses | SCH |
| Session #18, 0.15 CEU Vandenberg B | | |
| Gena Bell Vargas, PhD, CTRS Gretchen Snethen, PhD, CTRS Pei-Chun Hsieh, PhD, CTRS Transition-aged youth (TAY) with mental illnesses are at a higher risk for greater psychological impairment and are more likely to be involved in the criminal justice system than their peers without mental illnesses. Religiosity and spirituality have the possibility of serving as protective | | |

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| | factors for these individuals. Despite this well-documented relationship, practitioners are often unsure of how to support this area of well-being. This session will provide a review of the literature related to spirituality and mental health outcomes, as well as evidence-based interventions. Specific strategies for recreational therapists working with transition-aged youth with mental illnesses will be discussed. | |
| 1:30 p.m. – 3:00 p.m. | Compassion Fatigue: What It Is and How to Recover | PP |
| Session #19, 0.15 CEU Pearl Limit: 50 | | |
| Colleen Cooke, EdD, CTRS, CLL, CHP Compassion fatigue has been called "the cost of caring for others," and many healthcare professionals experience it every day. This session will describe compassion fatigue, identify some of its causes and consequences, and provide suggestions for symptom relief. This session requires audience participation or sharing, and there will be a short experiential component as well. | | |
| 3:00 p.m. – 3:30 p.m. | BREAK Center Concourse Area Second Floor | |
| CONCURRENT SESSIONS | | |
| 3:30 p.m. – 5:00 p.m. | ATRA 101 | ATRA Event |
| Session #44, 0.15 CEU Ruby | | |
| Randy Wyble, MS, CTRS Tim Passmore, EdD, CTRS/L, FDRT Are you new to ATRA or someone who isn't familiar with what ATRA is about and what we are doing for recreational therapists? Join us for a time with the incoming President and President-Elect to learn what ATRA is doing on your behalf, and be challenged on what you can do to make a difference. | | |
| 3:30 p.m. – 5:00 p.m. | Overview of Outpatient Recreation Therapy in Physical Medicine and Rehabilitation | RE |
| Session #20, 0.15 CEU Vandenberg A | | |
| Rachel Kay Morse, CTRS Hannah Nass, CTRS This session will educate on Outpatient Recreation Therapy within Physical Medicine and Rehabilitation. This session will provide the opportunity to learn how the APIED process is utilized within outpatient therapy at Mary Free Bed Rehabilitation Hospital in Grand Rapids, MI. Learn how OP Recreation Therapy works collaboratively on an interdisciplinary team and within the continuum of care. | | |
| 3:30 p.m. – 5:00 p.m. | Let's Get Moving and Grooving: RT's Role in a Pediatric Community Based Setting | CA, CM |
| Session #21, 0.15 CEU Emerald B | | |
| Ashley Torgerson, CTRS, Bethany Battershell, MEd, CTRS This session will focus on the Moving Crew, a community based pediatric program lead by two recreational therapists in the Cleveland, Ohio area. The programing consisted of a pre/post assessment, ice breakers, physical and social interventions promoting an increase in physical activity for children with and without disabilities. After this session, practitioners will gain an understanding of the assessment, planning, implementation and evaluation used to develop this program. | | |

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| 3:30 p.m. – 5:00 p.m. | Applying a Transdiagnostic Perspective to Recreational Therapy Practice in Behavioral Health | MH |
| Session #22, 0.15 CEU G. R. Ford | | |
| <p>Bryan McCormick, PhD, CTRS Gretchen Snethen, PhD, CTRS</p> <p>One of the difficulties in applying research evidence to RT behavioral health practice is that research studies typically focus on a single diagnosis for research rigor, while RT practice must address the needs of clients with multiple mental health conditions simultaneously. One of the ways to reframe this challenge is to approach behavioral health practice from a transdiagnostic perspective, in which processes maintaining dysfunction become the focus of intervention. This session will provide an overview of the transdiagnostic perspective as well as common transdiagnostic processes that are implicated in behavioral health practice with discussion of the implications for the APIE process.</p> | | |
| 3:30 p.m. – 5:00 p.m. | Providing EBP: Difficult Behaviors with Older Adults | OA |
| Session #23, 0.15 CEU Governor's | | |
| <p>Melissa Long, CTRS, DPG Abbie Davis, CTRS Destiny Simmons, CTRS</p> <p>As part of Larmax Homes in the DC Metro Area, our Engagement team works closely with a patient's physicians, nurses and therapists to maintain a safe environment, prevent complications and preserve function and dignity. In addition, the team works to improve comfort and quality of life, identify potential age-related issues, and keep communication open and coordinated among team members and family members. Under the recreational therapy piece patients are assessed and then provided with an individualized treatment plan. The recreational therapist's objective is to learn the social, cognitive, physical, and leisure needs of the patient and incorporate the patient's interests. Multiple assessments are utilized to obtain data. This data shows the benefit to the therapeutic interventions in the small group Assisted Living Home setting. Some of the goals we provide data for: increased patient socialization; decrease in agitation, and decrease in falls r/t increased nutrition, mobility, and strengthening. We provide these interventions with, but not limited to equine therapy, mobility programs, sensory groups, and individualized intervention boxes. We will present case studies on common difficult behaviors recreational therapists face with older adults.</p> | | |
| 3:30 p.m. – 5:00 p.m. | I Can Do It, You Can Do It | CM |
| Session #24, 0.15 CEU Emerald A | | |
| <p>Lisa Mische Lawson, PhD, CTRS</p> <p>The I Can Do It, You Can Do It (ICDI) national model was initiated by the U.S. Department of Health and Human Services' Office on Disability in 2004 to facilitates opportunities for all Americans, regardless of ability, to lead a healthy lifestyle that includes regular physical activity and good nutrition. This session will describe how to become an ICDI advocate, resources available through the ICDI program (including funding), and how ICDI can be utilized in a variety of settings.</p> | | |
| 3:30 p.m. – 5:00 p.m. | Examining the Educational Requirements for Entry-Level Practice for RT/TR: The Process and Recommendations of the ATRA Higher Education Task Force | ED |
| Session #25, 0.15 CEU Vandenberg B | | |
| <p>Jo Ellen Ross, PhD, CTRS Fran Stavola Daly, EdD, CTRS Marcia Carter, ReD, CPRP, CTRS</p> | | |

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| 3:30 p.m. – 5:00 p.m. | NCTRC Recertification and Areas of Specialization: Continuing Professional Competence | PP |
| Session #26, 0.15 CEU Ambassador Ballroom | | |
| <p>Noelle Molloy, MEd, CTRS Susan Kaufer, CTRS</p> <p>This session provides an in depth coverage of recertification standards and requirements for the areas of specialization. Continuing education, professional experience, and re-examination will be described in detail. Utilization of the 2014 NCTRC National Job Analysis Study in relation to recertification requirements will be discussed.</p> | | |
| 3:30 p.m. – 5:00 p.m. | TR Access in the Schools: Developing School District Partnerships | SCH |
| Session #27, 0.15 CEU Pearl | | |
| <p>Cheryl Kelley, MS, CTRS</p> <p>The Bend Park and Recreation District (BPRD) and the Bend/Lapine School District (BLSD) have developed a lasting and mutually beneficial partnership over the last 12 years. The BPRD has developed a year-long therapeutic recreation plan that has been adopted by the special program's department of the BLSD. Learn how this partnership was cultivated and expanded over the years and how BPRD is incorporating TR principles and practices with this community partner.</p> | | |

EVENING ACTIVITIES

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| 5:00 p.m. – 6:00 p.m. | Speed Mentoring | ST |
| 0.15 CEU Governor's | | |
| <p>Take a Student to Lunch has been given new life! Instead of being paired up with just one professional or student, meet with many! This event is set up where there will be at least two professionals and three to four students at each table. After a set period of time the group of students will move to the next table and so on. Students and professionals will have the chance network, ask any burning questions and discuss working in the field of recreation therapy in a welcoming and non-intimidating environment. Walk away with a network of connections so don't forget your business cards!</p> <p>Sign up at the registration desk.</p> | | |

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| 5:00 p.m. – 6:30 p.m. | Diversity Committee meeting Emerald B | |
| 5:00 p.m. – 7:00 p.m. | Dinner Captains Meet locals by the Registration Desk and join others at the conference to grab a bite to eat at local restaurants. We're going Dutch (pay your own way) but we will have a good time enjoying local eateries. | |
| 7:00 p.m. – 9:00 p.m. | River City Improv & Awards Ceremony Dessert Reception Ambassador Ballroom | ATRA Event |
| Join us for some entertainment and help us honor the 2017 and 2018 ATRA Awards recipients. | | |

| SATURDAY September 15 | | |
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| 7:30 a.m. – 8:30 a.m. | BREAKFAST Center Concourse Area Second Floor | |
| 8:30 a.m. – 5:00 p.m. | EXHIBITS | |
| CONCURRENT SESSIONS | | |
| 8:30 a.m. – 10:00 a.m. | Membership Meeting & Installation of Officers Session #28 Ambassador Ballroom Join us at ATRA's annual membership meeting. Get to know your Board of Directors and meet the new inductees. | ATRA Event |
| 10:00 a.m. – 10:30 a.m. | BREAK Center Concourse Area Second Floor | |
| 10:30 a.m. – 12:00 p.m. | Connecting the Pieces: ATRA Chapter Leaders and Members Session #29, 0.15 CEU Ruby Vinnie Bonadies, MS, CTRS This session is intended for ATRA Chapter leaders and members interested in learning how ATRA is continuing to build relationships with state chapters. Participants will learn how to advocate for the TR profession and advance your chapter and contribute to ATRA's public policy and advocacy efforts. Current ATRA initiatives will be shared and how they affect state chapters. Information will be shared on collaborative efforts between ATRA and state chapters. Further discuss will take place on how ATRA can assist chapters in their development and likewise how chapters can assist ATRA in developing the TR profession and empowering recreation therapists. | ATRA Event |
| 10:30 a.m. – 12:00 p.m. | Evidence-Based Practice: New Trainings for Recreational Therapists Session #30, 0.15 CEU Emerald B Gretchen Snethen, PhD, CTRS Gena Bell Vargas, PhD, CTRS, CA Susan Barnett, PhD, CTRS Evidence based practice is critical to the success of our field. The ATRA Evidence based practice committee is in the process of developing training resources that practitioners can access asynchronously in order to enhance knowledge and skills in evidence based practice. By the time of the conference, we will have three modules (Intro to EBP; Identifying EBP Topics; and Searching the Literature) developed and an outline of modules to come. This session will provide instruction on how to access the modules and provide an overview of modules that are in development. We will seek recommendations from the audience on modules to develop in the future. Finally, attendees will divide into groups to develop a plan as to how groups of practitioners can use the modules to complement EBP goals within ATRA sections and/or within a workplace. | ALL |
| 10:30 a.m. – 12:00 p.m. | Evidence-Based Practice for People with PTSD: A Focus on Corrections and Veterans Session #31, 0.15 CEU Governor's | MH, VA, CM |



UNH Master's of Science Options:
Therapeutic Recreation Administration
Adaptive Sports
Recreation Administration



The UNH Advantage:

- Ideal for advanced practice degree students or career changers
- Students in TR Administration can meet NCTRC exam eligibility through a leveling curriculum
- Community-based specialization in Recreation Administration
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- Unique partnership with Northeast Passage, a nationally renowned TR & adaptive sport organization & chapter of Disabled Sports, USA (nepassage.org)
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Contact:

Patti Craig, PhD, CTRS/L, Graduate Program Coordinator
603-862-0140 pcraig@unh.edu
Website: chhs.unh.edu/recreation-management-policy
To apply: gradschool.unh.edu/apply.php

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| | <p>Deborah Tysor, MS, CTRS Carla Hunt, CTRS, CHAIS</p> <p>A mother and daughter who are both recreational therapists will provide foundational knowledge about posttraumatic stress disorder (PTSD), review evidence-based RT interventions that specifically address PTSD symptoms, and provide practical tips and resources for implementing evidence-based practice when working with veterans and in corrections settings. Current gaps in the research and useful ways of adapting interventions for highly restrictive environments will also be provided.</p> | |
| 10:30 a.m. – 12:00 p.m. | <p>Using Positive Psychology in Dementia Care: Enhancing Recreational Therapy Practice?</p> <p>Session #32, 0.15 CEU G. R. Ford</p> <p>Nancy Richeson, PhD, CTRS, FDRT</p> <p>Let's transform dementia care within recreational therapy practice now by using the three cornerstones in positive psychology; positive emotions, positive individual traits, and positive institutions. This session will use an interactive learning environment to compare and contrast positive dementia care philosophies, including The Best Friends™ Approach to Dementia Care and Teepa Snow's Positive Approach™ to Care (PAC) to reflect on how we provide care for the 5 plus million people who are living with dementia and the 15 million people who care for them. Time will be provided to develop an action plan within your agencies.</p> | OA |
| 10:30 a.m. – 12:00 p.m. | <p>Working like a Dog</p> <p>Session #33, 0.15 CEU Vandenberg A</p> <p>Brianne Taylor, CTRS, CIFT Deb Brewer, CTRS</p> <p>Educating TR professionals on the benefits of having an AAI program within PM&R, how to create a program and how this program has impacted various diagnoses including: pediatrics, spinal cord injury, CVA and brain injury.</p> | RE |
| 10:30 a.m. – 12:00 p.m. | <p>The Role of a Certified Therapeutic Recreation Specialist as an Educator: How to Motivate Towards Meaningful Change</p> <p>Session #34, 0.15 CEU Vandenberg B</p> <p>Holly Eichner, MeD, CTRS</p> <p>CTRS wear many hats in the role in a patient's life. However, being an effective educator is a role that many therapist minimize. This session will explore the ways CTRS can use their role as an educator to empower patients to enact meaningful change. We will review principals of learning as it relates to personal change, techniques for use in TR sessions, and potential outcomes for patients.</p> | ALL |
| 10:30 a.m. – 12:00 p.m. | <p>Keys to Competent Practice: Implications from ATRA's Dephi and Competencies Study</p> <p>Session #35, 0.15 CEU Pearl</p> <p>Brent Hawkins, PhD, LRT/CTRS Betsy Kemeny, PhD, CTRS Heather Porter, PhD, CTRS</p> <p>In 2016, ATRA launched a study to understand the practice competencies related to the various treatment sections served by recreational therapists. This session will share results from the Delphi and competencies study and discuss the implications for the educational, training, and research needs in recreational therapy. Competencies in this study relate to diagnostic populations; intervention and modalities; techniques; topics of education, training, and counseling; standardized assessment tools; theories; and competencies on the horizon of practice.</p> | ATRA Event |

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| 10:30 a.m. – 12:00 p.m. | <p>I Want An Intern! What Do I Do? - How to Create an NCTRC Aligned RT Internship Program at Your Agency</p> <p>Session #36, 0.15 CEU Ambassador Ballroom</p> <p>Jared Allsop, PhD, CTRS</p> <p>Have you ever wanted to help shape the future of the RT profession, but were not sure how to do it or where to start? This session will explore how we connect the pieces of our desire to serve future professionals with our desire to provide quality student internships. During this session we will explore the components that make a great recreational therapy internship manual. We will use the NCTRC Job Task Analysis, the ATRA Standards of Practice and the ATRA Code of Ethics as a framework. This session will enable anyone to quickly and thoroughly design a comprehensive recreational therapy internship manual for their agency. It will also address the qualifications and responsibilities associated with being an internship supervisor. As a profession we need to do more to increase the quality of our internships and having qualified, outcome directed internship supervisors is one way to do so. If possible, bring laptops and your current internship manual.</p> | PP |
| 10:30 a.m. – 12:00 p.m. | <p>RESEARCH INSTITUTE - BLOCK A (must attend ALL FOUR Sessions in block to earn CEUs)</p> <p>Session R1, 1A-1D, 0.15 CEU Emerald A</p> <p>The Role of Leisure in Promoting Physical Activity among Rural Dwelling Adults with Implantable Cardioverter Defibrillators</p> <p>Brandi Crowe, PhD, LRT/CTRS Stephanie Turrise, PhD, RN, BC, APRN, CNE R. Susan Crawford, PhD, RN Lisa Sprod, PhD, M.PHR</p> <p>Women in rural areas face numerous health disparities that include, but are not limited to, lack of financial security and health insurance, limited access to and awareness of community and health services, limited social networks and support, limited education and health literacy, and underutilization of services. Recreational therapists can be a key component in improving the empowerment of women living in rural areas to reduce health disparities and improve health outcomes through community-based group interventions that focus on health education, improving self-efficacy, and providing information about community resources.</p> <p>A National Study on the Use of Recreation Therapy Interventions to Manage Pain</p> <p>Judy Kinney, PhD, LRT/CTRS, CCLS,</p> <p>The purpose of the study was to determine the prevalence of addressing pain management (PM), skill level in PM, knowledge & attitudes towards pain, & RT treatment interventions currently used in practice.</p> <p>The Influence of Yoga on Individuals with Traumatic Brain Injury Related to Sleep and Mood</p> <p>Charity Hubbard, MS, CTRS</p> <p>This session will discuss the influence of yoga for individuals with Traumatic Brain Injury (TBI) related to their sleep and mood. The presentation will focus on common residual effects of TBI, the need for recreational therapy, and the use of yoga within recreational therapy. Research findings and suggestions for future research will be shared, as well as recommendations for how to incorporate yoga into a rehabilitation setting.</p> <p>Identifying Contextual Factors of Community Reintegration in Female Veterans Injured during the Global War on Terrorism</p> <p>Haley Griffiths, MS, CTRS</p> <p>This session reviews the research findings and implications regarding community reintegration factors for females veterans (n=31) injured during the Global War on Terrorism.</p> | |

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| 12:00 p.m. – 1:30 p.m. | LUNCH (on your own) | |
| 12:00 p.m. – 1:30 p.m. | NCTRC Certificants Meeting | ATRA Event |
| | 0.15 CEU Ambassador Ballroom | |
| | Join NCTRC for the Annual Meeting of Certificants to hear about what is happening with our national credentialing body. Grab a lunch and join NCTRC Executive Director Anne Richard, staff members, and NCTRC Board members to receive an update on NCTRC's activities. | |
| CONCURRENT SESSIONS | | |
| 1:30 p.m. – 3:00 p.m. | WHO International Classification of Functioning, Disability and Health (ICF): Implications for Clinical and Community RT/TR | PP |
| | Session #37, 0.15 CEU Ruby | |
| | Debbie Pate, MS, CTRS Appreciate the implications of the ICF for clinical and community RT/TR. Understand the purpose, foundation and structure of the ICF. Gain a basic understanding of the ICF content, functional items and qualifier scales. If further knowledge is desired in understanding how to incorporate the ICF in clinical and/or community RT/TR practice please attend the session titled "WHO International Classification of Functioning, Disability and Health (ICF): Incorporation Into Clinical/Community RT/TR Practice". | |
| 1:30 p.m. – 3:00 p.m. | CARF International and Recreation Therapy Services | PP |
| | Session #38, 0.15 CEU Governor's | |
| | Mary Lou Schilling, PhD, CTRS This session will provide a review of CARF International standards of practice and the role recreation therapy can play in providing services that align with these standards. An overview of related standards in behavioral health, medical rehabilitation, aging, and child and youth services will be provided. | |
| 1:30 p.m. – 3:00 p.m. | Calling All Students! Why You Should Consider Joining ATRA and the Student Development Committee! | ST |
| | Session #39, 0.15 CEU Emerald B | |
| | Heather Silander, EdD, CTRS Michelle Bateman, PhD, CTRS, EP-C Shannon Russell, CTRS Abbey Greer Jessica Roman The ATRA Student Development Committee (SDC) is a growing committee comprised of students and professionals who are tasked with encouraging student membership and engagement in ATRA (ATRA, 2017). The committee has some exciting plans for 2018! Join us for this session and learn about the benefits of joining ATRA and the SDC and what it can do for you as a student or a professional. Hear first hand from a panel of committee members on why they joined ATRA and the SDC and continue to be involved and learn how you can get involved. We are looking for you! | |

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| 1:30 p.m. – 3:00 p.m. | Generation Z vs. Millennials: A Primer for Recreational Therapists and RT Educators | PP |
| | Session #40, 0.15 CEU Vandenberg B | |
| | Jennifer Hinton, PhD, LRT/CTRS, FDRT Susan Wilson, PhD, CTRS Your workshop presenters are solid Gen Xers who both started teaching TR/RT just as the Millennials (a.k.a. Generation Y) started to surface in university classrooms in the mid-1990's. After having taught for over 2 decades with this group, we can tell you that the tides are clearly changing. Our current traditional recreational therapy graduates are all Generation Z (a.k.a. the iGeneration and Post-Millennials). Come to this session to discuss the research that outlines the similarities and differences between these two generational cohorts. Specifically, we will discuss how these differences affect the ways that we interact with them a) as consumers of health care (and other goods and services), b) students, and now c) colleagues entering the workforce. | |
| 1:30 p.m. – 3:00 p.m. | Practical Implementation of a Pain Management Intervention Protocol as Conducted by a Student Intern with Clinical Internship Supervision | RE, OA |
| | Session #41, 0.15 CEU Vandenberg A | |
| | Kaitlin Daly Mueller, MS, CTRS Karley Brouwer, CTRS, CDP There is a present crisis in our culture regarding opioid and other pain killer medication overuse within many populations served in the healthcare field. Recreational therapy has the opportunity to impact our culture through understanding and implementing specific pain management interventions. This presentation will inform you of the opioid crisis and prepare you to implement practical interventions within your setting to increase non-pharmacological pain management treatment. It will further show how strategic supervision of clinical student interns can successfully result in relevant research findings to enhance both the student's experience and add to the current research for the recreation therapy profession. | |
| 1:30 p.m. – 3:00 p.m. | Virtual Reality Music Making for Health Promotion and Rehabilitation | ALL |
| | Session #42, 0.15 CEU G. R. Ford | |
| | Rhonda Nelson, PhD, MTRS, CTRS, MT-BC Lauren Lee Isaacs, MS, TRS, CTRS Al Ingallinera, MBA Virtual Reality (VR) is rapidly gaining popularity and has introduced new ways to experience recreational activities. VR interventions are also being recognized as a valuable addition to treatment in rehabilitation settings and have been linked to a variety of positive health outcomes. This session introduces Jam Studio VR, a virtual reality music making program that enables participants to manipulate instrument panels and create original music in a virtual environment that lends itself to diverse recreational therapy interventions. A therapy guide, designed by a recreational therapist, accompanies the Jam Studio VR application and provides detailed instructions on structuring interventions for clients based on set protocols and treatment goals. A comprehensive overview of the VR application's features, sample protocols from the therapy guide, and client documentation session forms, will be provided. | |

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| 1:30 p.m. – 3:00 p.m. | Interprofessional Education in Recreational Therapy Curriculum – A Tale of Three Universities | ST |
| Session #43, 0.15 CEU Pearl | | |
| <p>Kelly Ramella, MA, CTRS Allison Wilder, PhD, CTRS/L Heather Bright, MS, CTRS</p> <p>Participants will learn how Interprofessional Education (IPE) is incorporated into Recreational Therapy curriculum at Arizona State University, Slippery Rock University and University of New Hampshire. The presenters will describe the nuts and bolts, strengths and challenges associated with hosting an IPE event and designing an IPE laboratory. Following the presentation of these exemplars, the presenters will lead a discussion of how to incorporate a variety of IPE activities into curriculum based on the unique nature of each university.</p> | | |
| 1:30 p.m. – 3:00 p.m. | The Case for Recreational Therapy Licensure | ATRA Event |
| Session #72, 0.15 CEU Ambassador Ballroom | | |
| <p>Cliff Burnham, CTRS Anne Richard, MS, LRT/CTRS</p> <p>This session will provide attendees with a basic understanding of licensure and credentialing within the field of recreational therapy, the rationale for pursuing licensure within our profession, as well as the current status of licensure with the US and Canada.</p> | | |
| RESEARCH INSTITUTE - BLOCK B | | |
| (must attend ALL THREE Sessions in block to earn CEUs) | | |
| Session R2, 2A-2C, 0.15 CEU Emerald A | | |
| A Mixed Methods Study on Therapeutic Yoga for Informal Caregivers | | |
| <p>Alisha Walter, MS, CTRS Marieke Van Puymbroeck, PhD, CTRS, FDRT Jasmine Townsend, PhD, CTRS Sandra Linder, PhD Arlene A Schmid, PhD</p> <p>Informal caregivers were recruited to participate in an 8-week therapeutic yoga study. This session will describe in detail the mixed method findings.</p> | | |
| The Preliminary Effects of a Recreation-Based Military Family Camp | | |
| <p>Brent Hawkins, PhD, CTRS Jasmine Townsend, PhD, CTRS,</p> <p>Recreation-based therapeutic camps are an increasingly used to support military and their families with improving both individual and family functioning. This session will describe a research study evaluating the preliminary effects of Camp Twin Lakes' Family Warrior Weekend, a recreation-based therapeutic camp for military families. Participants will learn about military family functioning and the opportunities for therapeutic change within the context of the Family Warrior Weekend camp.</p> | | |
| Exploring Relationships between Experiential Recreation Benefits, Place Attachment, Health/Well-Being, and Healthy Lifestyle Behaviors among Forest Therapy Campers | | |
| <p>Namyun Kil, PhD, ICGIS, CTRS Jun Kim, PhD Samantha Petite</p> | | |

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| 3:00 p.m. – 3:30 p.m. | BREAK Center Concourse Area Second Floor | |
| CONCURRENT SESSIONS | | |
| 3:30 p.m. – 5:00 p.m. | State Coordinator Licensure Session | ATRA Event |
| Session #45, 0.15 CEU Ruby | | |
| <p>Anne Richard, MS, LRT/CTRS Cliff Burnham, CTRS</p> <p>This session is intended to provide an update for previously identified state coordinators regarding the advancement of licensure in RT and how to establish a legal mandate in each state. All conference participants are welcome to attend this session.</p> | | |
| 3:30 p.m. – 5:00 p.m. | NCTRC Certification Process | ST |
| Session #46, 0.15 CEU Emerald B | | |
| <p>Noelle Molloy, MEd, CTRS Susan Kaufer, CTRS</p> <p>This session provides an in depth coverage of the NCTRC Certification Standards. It will include the requirements for application, application process, exam information, and requirements to maintain your certification.</p> | | |
| 3:30 p.m. – 5:00 p.m. | Applying Positive Psychology Principles to Recreational Therapy Practice in Substance Use Disorder Treatment | MH |
| Session #47, 0.15 CEU G. R. Ford | | |
| <p>Lauren Lee Isaacs, MS, TRS, CTRS Rhonda Nelson, PhD, MTRS, CTRS, MT-BC</p> <p>Positive Psychology principles are gaining popularity and have been embraced by a variety of allied health professionals in diverse service settings. With conceptual similarities to the recovery movement, there is a natural fit for positive psychology approaches in the treatment of substance use disorders. Yet, adoption of positive psychology principles in this healthcare</p> | | |

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| | arena is still in its infancy. This session outlines the development and implementation of a positive psychology based RT program in a residential substance use treatment facility. Initiatives connected to each phase of the APIE process will be described and supported with clinical examples. Participants will be introduced to the PERMA-Profiler as an assessment and evaluation tool that can be utilized a) to document individual client progress, and b) to evaluate overall program effectiveness. Results of a one-year collaborative program evaluation, involving RT practitioners and researchers, will be presented. Ideas for future opportunities will also be explored. | |
| 3:30 p.m. – 5:00 p.m. | Administrators' Perceptions of Recreational Therapy in Long Term Care: A Pilot Study | OA |
| | Session #48, 0.15 CEU Governor's | |
| | Tarah Loy, MEd, CTRS, AC-BC This session will provide an overview of the current CMS regulations concerning recreational therapy in long-term care, briefly educate participants on the culture change movement, and share results of a recent pilot study which explored nursing home administrators' perceptions of recreational therapy in long term care. Participants will leave this session appreciating the natural relationship between recreational therapy and the culture change movement, how this relates to CMS regulations, and confidence in initiating and leading conversations with administrators and management teams as we continue to advocate for reimbursement. | |
| 3:30 p.m. – 5:00 p.m. | Developing and Applying an Evidence-Based Practice for Documenting Outcomes: The National Sports Center for the Disabled Model | RE, CM, VA |
| | Session #49, 0.15 CEU Vandenberg A | |
| | Sydney Sklar, PhD, CTRS Marcia Jean Carter, ReD, CPRP, CTRS Recreation therapists who face a lack of assessment tools appropriate to one's practice setting may wish to develop a valid and reliable instrument. This session will explain the steps taken to develop, validate, and establish credibility of an assessment and documentation system implemented at the National Sports Center for the Disabled, an outdoor adaptive sports setting. Activity and task analyses used to develop assessment items will be reviewed. Additionally, suggestions on training staff and volunteers will be presented. Participants will leave this session with an understanding of an assessment and documentation model which can be adapted to various settings for evidence-based practice. | |
| 3:30 p.m. – 5:00 p.m. | Making Connections and Moving Forward through Intersectional Advocacy | ALL |
| | Session #50, 0.15 CEU Vandenberg B | |
| | Stephen Lewis, MEd, CTRS Sandra Heath, PhD, CTRS Throughout recorded history, individuals with disabilities often faced stigmatization, cruelty, and rejection within their communities around the globe. However, around the 1960's, a more formal disability rights movement began in the United States, emboldened by the momentum created by the women's rights movements and Civil Rights Movement. In current times, it is easy to see how far we have come as a culture, but more work needs to be done! The purpose of this interactive session is to explore intersections between current social movements as they relate to those who receive recreational therapy services. Further, we will collaboratively explore ways that ATRA might create coalitions of mutual support with some of these movements to launch us into the future as social justice leaders in allied health and social service fields. | |

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| 3:30 p.m. – 5:00 p.m. | Interprofessional Education and Collaborative Practice in Recreational Therapy | ED |
| | Session #51, 0.15 CEU Pearl | |
| | Kelly Ramella, MBA, CTRS Donna Gregory, MBA, CTRS/L This session provides an overview of the new approach to team-based education and practice known as Interprofessional Education and Interprofessional Collaborative Practice (IPECP). Participants will learn about the definition, benefits and competencies of IPECP and discuss strategies to advance IPECP in Recreational Therapy. | |

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| 3:30 p.m. – 5:00 p.m. | Poster Presentation Set Up | ATRA Event |
| | Ambassador Ballroom | |

EVENING ACTIVITIES

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| 5:00 p.m. – 6:30 p.m. | Poster Presentations & Reception | ALL |
| | 0.15 CEU Ambassador Ballroom | |
| | RESEARCH CATEGORY (* Student as first author) | |

- Using the WHOQOL-BREF to document client and program outcomes in substance use disorder treatment**
Rhonda Nelson, PhD, MTRS, CTRS, MT-BC; University of Utah
Lauren Lee Isaacs, MS, TRS, CTRS; University of Utah
William Lindsay, TRS, CTRS; Brighton Recovery Center
Erica Yaeger, TRS, CTRS; Brighton Recovery Center
- Reminiscing "Howard's Rock": Harnessing the power of Clemson football memories to improve cognitive functioning of South Carolinians with dementia***
Taylor Hooker, MS, CTRS; Clemson University
Katie Walker, MS, CTRS; Clemson University
Brent Hawkins, PhD, LRT/CTRS; Clemson University
Gregory Ramshaw, PhD; Clemson University
- Yoga for people with intellectual and developmental disabilities: A pilot study***
Heather S. Torphy, MS, CTRS; Clemson University
Marieke Van Puymbroeck, PhD, CTRS, FDRT; Clemson University
Brandi M. Crowe, PhD, LRT/CTRS; Clemson University
Arlene Schmid, PhD, OTR; Colorado State University
Emilie Adams, MS, CTRS; Clemson University
Charity Hubbard, MS, CTRS; Clemson University
Jaesung Park, MS, CTRS; Clemson University
Claire Kelley, LRT/CTRS; Clemson University
- Feasibility and outcomes of a yoga program for community dwelling older adults***
Emilie V. Adams, MS, CTRS, C-IAYT; Clemson University
Alysha A. Walter, PhD, CTRS; East Carolina University
Brandi M. Crowe, PhD, LRT/CTRS; Clemson University
Marieke Van Puymbroeck, PhD, CTRS, FDRT; Clemson University
Arlene A. Schmid, PhD, OTR; Colorado State University

5 Community-based recreational therapy for veterans with disabilities: Impacts on functioning and quality of life

Jessie L. Bennett, PhD, CTRS/L; University of New Hampshire
Cathy Thompson, CTRS/L; Northeast Passage
Semra Aytur, PhD; University of New Hampshire
Patricia Craig, PhD, CTRS/L; University of New Hampshire
Jill Gravink, CTRS/L; Northeast Passage

6 Using multisensory interventions to address anxiety, agitation, and pain in individuals receiving treatment for a substance use disorder

Rhonda Nelson, PhD, MTRS, CTRS, MT-BC; University of Utah
Erika Hummel; University of Utah

7 Comparative effectiveness of therapeutic riding and stress management class on cortisol levels and HRV in youth on the autism spectrum

Betsy Kemeny, PhD; Slippery Rock University
Courtney Gramlich; Slippery Rock University
Deborah Hutchins, PhD; Slippery Rock University
Jessica Dietrich; Slippery Rock University
Emily Jones; Slippery Rock University
Allison Kronyak; Slippery Rock University

8 A qualitative investigation of swimming experiences of children with autism spectrum disorders and their families

Lisa Mische Lawson, PhD, CTRS; University of Kansas Medical Center

9 Reliability and validity testing of the Engagement in Preferred Activities Scale (EPASS)

Victoria Crumbie, MS, CTRS; Abramson Center for Jewish Life
Rhonda Nelson, PhD, MTRS, CTRS, MT-BC; University of Utah

10 Predictive factors for functional improvement in Parkinson's disease after yoga intervention*

Emilie V. Adams, MS, CTRS, C-IAYT; Clemson University
Alysha A. Walter, PhD, CTRS; East Carolina University
Marieke Van Puymbroeck, PhD, CTRS, FDRT; Clemson University
Brandi M. Crowe, PhD, LRT/CTRS; Clemson University
Brent Hawkins, PhD, LRT/CTRS; Clemson University
Arlene A. Schmid, PhD, OTR; Colorado State University

11 Validity and reliability of an adaptive snow sports assessment instrument

Syd Sklar, PhD, CTRS; University of St. Francis
Marcia Jean Carter, ReD, CPRP, CTRS; University of St. Francis

12 A pilot study on the effects of therapeutic horseback riding among military veterans with traumatic brain injuries or CVA

Susan L. Ross, PhD, CTRS, RTC; San Jose State University
Joseph Yang; Veterans Affairs Palo Alto Healthcare System

13 Personal growth, leisure, and physical disability

Junhyoung Kim; Texas State University
Sanghee Chun; Brock University
Hyangmi Kim; Lehman College
Areum Han; Texas State University
Jan Hodges; Texas State University
Carissa Stratton; Texas State University

14 Developing a culture of clinical supervision in RT: A case example*

Emilie V. Adams, MS, CTRS; Clemson University
Stephen T. Lewis, PhD, CTRS; Clemson University

15 Lifetime career or convenient degree: A pilot study of undergraduate goals and perceptions of recreational therapy*

Ericka Reynolds; Indian University - Bloomington
Carley Streeter; Indian University - Bloomington
Eric Knee, MS; Indian University - Bloomington
Jenn Taylor, MS, CTRS; Indian University - Bloomington

16 Perceived levels of sensory involvement of sensory products used in therapeutic recreation

Kari Kensing, PhD, CTRS, CAS; University of Wisconsin - La Crosse
Margaret Majewski; University of Wisconsin - La Crosse
Corrin Rakowski; University of Wisconsin - La Crosse

17 Professional preparedness and psychosocial beliefs as predictors of quality physical education and recreation services to students with disabilities

Thea Kavanaugh, MPH, CTRS; New Mexico State University
Joe Tomaka, PhD; New Mexico State University

18 Feasibility of measuring heart rate and perceived exertion of children with ASD during swimming

Lisa Mische Lawson, PhD, CTRS; University of Kansas Medical Center
Caitlin Lisk, MSW, LCSW; University of Kansas Medical Center

RESEARCH TO PRACTICE CATEGORY (* Student as first author)

1 Applying self-determination theory to equine-facilitated therapy practices: Implications for eating disorders treatment*

Samantha Petite; University of Wisconsin - La Crosse
Namyun Kil, PhD, ICGIS, CTRS; University of Wisconsin - La Crosse

2 The implementation of yoga into recreational therapy clinical practice*

Abby Wiles; Clemson University
Jasmine Townsend, PhD, CTRS; Clemson University

3 Wolf at the Table: Understanding Administrators' Perceptions of Recreational Therapy in Long Term Care*

Tarah Loy, Med, CTRS; Clemson University
Jasmine Townsend, PhD, CTRS; Clemson University

4 The efficacy of cognitive and physical interventions with individuals with mild NCD*

Cari Autry, PhD, LRT/CTRS; East Carolina University
Susan McCool; Florida International University

5 Virtual reality interventions addressing balance, mobility, and quality of life in individuals with Parkinson's disease

Rhonda Nelson, PhD, MTRS, CTRS, MT-BC; University of Utah
Erika Hummel; University of Utah
Portia Millet; University of Utah
Katie Murray; University of Utah
Alexis Tucker; University of Utah

6 The International Classification of Functioning, Disability and Health: A framework for community reintegration among individuals with lower limb amputation

Donna Gregory, MBA, CTRS; National Institutes of Health
Brandi M. Crowe, PhD, LRT/CTRS; Clemson University

7 Influences of nature therapy on mindfulness, nature connectedness, and well-being

Namyun Kil, PhD, ICGIS, CTRS; University of Wisconsin - La Crosse

8 Exploring the effects of empowerment on reducing health disparities among women in rural areas: A knowledge translation plan*

Claire Kelly, LRT/CTRS; Clemson University
Jasmine Townsend, PhD, CTRS; Clemson University

PRACTICE CATEGORY

1 A city-wide walking program for older adults

Jill Ellison, MS, CTRS; City of Seattle Parks & Recreation Department

2 Use of a Neuro-Cognitive Program to Enhance Patient Safety and Positive Patient Outcomes

Hollyann Philpott, CTRS; Emory Rehabilitation Hospital

3 The Scholarship of Teaching and Learning: Incorporating a Pedometer-Based Walking Program for Adults Living in Independent Living Communities into the Assessment and Documentation Class

Nancy Richeson, PhD; University of Wisconsin La Crosse
Michael Russin, BS; University of Wisconsin La Crosse

Reviewers for Poster Session We Would Like to Thank/Acknowledge:

Emilie Adams, MS, CTRS, C-IAYT; Clemson University
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Jessica Bernabei, MS, CTRS; Villa Maria Nursing Center
Lucy Binhack, MS, CTRS; Florida International University
Matthew Frye, MS, CTRS/L; University of New Hampshire
Heather Bright Gleghorn, MS, CTRS; Slippery Rock University
Wendy Maran, MA, CTRS; The University of Toledo
Lisa Mische Lawson, PhD, CTRS; University of Kansas Medical Center
Susan Montgomery, MS, CTRS; University of South Alabama
Tania Santiago Perez, MS, CTRS; Florida International University
Susan Sunden, M.Ed., CTRS; Grand Valley State University
Melissa Zahl, PhD, CTRS/L; Oklahoma State University
Felicia T. Zeigler, CTRS; Phoenix VA Health Care System

5:00 p.m. – 6:30 p.m.

Cornhole Tournament

**ATRA
Event**

Ambassador Ballroom

Sign up at the registration desk to be added to the competitive bracket by Friday noon. Otherwise, join us to cheer your favorite players, take some shots at corn hole, and see who will become the 2018 ATRA Corn Hole Champion!

6:30 p.m. – 7:30 p.m.

Higher Education Committee Meeting

Pearl

7:00 p.m. – 9:00 p.m.

GVSU TR Alumni & Friends of GVSU Reception - at GVSU Finklestein

Ambassador Ballroom

This event is open to ALL conference attendees who have signed up at:

<http://www.gvsu.edu/alumni/therapeutic>

The cost is \$10 and includes 2 complimentary drinks, appetizers, shuttle transportation, and on-site activities. Come see the new and innovative learning environment offered to Therapeutic Recreation majors at Grand Valley State University.

Head to one of the Lyon Street entrances to get on the free shuttle to the Reception. Otherwise, the site is a 1 mile walk (up hill on the way there).

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College of Public Health

| SUNDAY September 16 | | |
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| 7:30 a.m. – 8:30 a.m. | BREAKFAST Center Concourse Area Second Floor | |
| 8:30 a.m. – 5:00 p.m. | EXHIBITORS | |
| CONCURRENT SESSIONS | | |
| 8:30 a.m. – 10:00 a.m. | WHO International Classification of Functioning, Disability and Health (ICF): Incorporation Into Clinical/Community RT/TR Practice | PP |
| Session #52, 0.15 CEU Ruby | | |
| Debbie Pate, MS, CTRS Understand how to incorporate the ICF in your current clinical or community RT/TR practice by applying the functional items and qualifier scales in real-life scenarios. It is assumed the participant has a basic understanding of the ICF and its implications; therefore, ICF structure and coding will not be discussed. If needed, that understanding can be gained by attendance to the session titled "WHO International Classification of Functioning, Disability and Health (ICF): Implications for Clinical and Community RT/TR". | | |
| 8:30 a.m. – 10:00 a.m. | "Anything Is Possible, One Stroke At A Time™": Using The Zentangle Method® To Foster Change, Creativity, And Self-Respect Across All Populations | ALL |
| Session #53, 0.15 CEU Pearl | | |
| Samantha Wunderlich, CTRS, CBIS, CZT As relaxing and meditative art has become a trendy practice, the opportunity to utilize such techniques in therapeutic settings has never been better. The Zentangle Method® is an easy to learn, relaxing process of drawing beautiful images through repetitive patterns. Sometimes called "yoga for the brain," the Zentangle Method is an approachable creative outlet for all populations, settings, and skill levels. In this session we will cover the basics of what Zentangle is, and discuss specific ways to use Zentangle-Inspired activities to achieve client or corporate goals, ranging from decreasing anxiety, to team-building activities. Unlike some one- or two-step creative processes, Zentangle has an endless list of steps to challenge participants, while also coming with built in steps to modify, and take away decision paralysis. Come to this workshop to learn about the Zentangle Method, and leave with ideas and tools for how it can work in your setting. Session is led by a Certified Zentangle Teacher, with 5 years of experience teaching across all populations and abilities. | | |
| 8:30 a.m. – 10:00 a.m. | Measuring Engagement for Person Center Care: Exploring the EPASS Toolkit | OA |
| Session #54, 0.15 CEU G. R. Ford | | |
| Aurora Crew, MS, CTRS This session will explore the creation of the Engagement in Preferred Activities Scale (EPASS) rapid assessment tool as well as the online toolkit for therapists. Participants will receive information about how the EPASS can help their practice in skilled nursing facilities in order to meet the new CMS quality of life regulations. | | |

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| 8:30 a.m. – 10:00 a.m. | The Importance of Day Programs and How Ours Works | SCH |
| Session #55, 0.15 CEU Emerald B | | |
| Emily Nelsen, CTRS There is a need for adult day programs for people with various disabilities. Day programs often give clients a sense of purpose. They give them something to hold them accountable for not sitting at home all day. They provide a social network of people that understand them better and can help them with their needs. The King Adult Day Enrichment Program is a specialized day program for adults with multiple sclerosis, traumatic brain injuries, and other acquired neurological conditions. Our team made up of CTRS's, nursing staff, and other supporting positions provides our clients with over 300 different therapeutic recreation groups a year that focus on cognitive, physical, and social/emotional aspects of their lives. We use the APIE process to ensure the best quality of care for each individual client. During this session I'll show you how we do it! | | |
| 8:30 a.m. – 10:00 a.m. | Are We All the Same: Perspective and Scope of Practice in Canada, Australia, New Zealand, and Japan | ATRA Event |
| Session #56, 0.15 CEU Vandenberg B | | |
| Pei-Chun Hsieh, PhD, CTRS Anne Richard, MS, LRT/CTRS Recently, there has been much interest in international collaboration to enhance therapeutic recreation (TR) practice and professional development. By learning about the development of therapeutic recreation in other countries, we can gain a broader perspective concerning how cultural, political, and health care systems may influence TR practice in the United States. In this session, we will introduce the major TR-related organizations in Canada, Australia, New Zealand, and Japan and explore the similarities and differences between recreation therapy, diversional therapy, and fukushi recreation. The credentialing processes and scope of practice in the above listed four countries will be discussed. Finally, the challenges faced by these countries in growing therapeutic recreation will be explained. Through this discussion, the audience can expand their understanding of professional organizations in other countries and learn ways in which international collaboration might be possible in the future. | | |
| 8:30 a.m. – 10:00 a.m. | Private Practice 101 | ALL |
| Session #57 Vandenberg A | | |
| Diane Wagner-Heffner, MA, CTRS, CBIS This session will discuss the basic steps to creating a private practice in Recreation Therapy with specific focus on assessing need, strategizing potential, identifying your expertise, honing in on your message and getting paid. There is no straight forward and simple approach in setting up private practice as a CTRS but the goal of this session is to assist us in asking the right questions. | | |
| 8:30 a.m. – 10:00 a.m. | CAAHEP-CARTE Accreditation: A Panel Discussion on Outcomes | ED |
| Session #58, 0.15 CEU Emerald A | | |
| Deborah Hutchins, PhD, CTRS Randy Wyble, MS, CTRS Patti Craig, PhD, CTRS/L Jennifer L. Hinton, PhD, LRT/CTRS, FDRT This session will involve a panel and participant discussion on the challenges, benefits, and outcomes of Commission on Accreditation of Allied Health Education Programs (CAAHEP) accreditation through the Committee on Accreditation of Recreational Therapy Education. Panelist will discuss lessons learned and the realized value of the accreditation process through CAAHEP-CARTE. | | |

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| 8:30 a.m. – 10:00 a.m. | Federal Regulation Changes for LTC: Implications for Recreational Therapy | OA |
| Session #59, 0.15 CEU Pearl | | |
| <p>Betsy Kemeny, PhD, CTRS Jodi Douglas, CTRS</p> <p>In November 2017, major revisions were made to the federal regulations and survey process for long-term care facilities. Recreational therapists need an understanding of both the opportunities and challenges suggested by these changes. The focus of the regulations is on the values of individualization, choice, preference, quality of life, and resident-centered care. The role of the CTRS in LTC may be impacted by a widened emphasis on engagement, restorative care, behavioral health, and interventions for residents with various behavioral symptoms. This session will use case studies, examples, and scenarios in order to provide an in-depth discussion on the implications of the regulation changes.</p> | | |
| 10:00 a.m. – 10:30 a.m. | BREAK Center Concourse Area <i>Second Floor</i> | |
| CONCURRENT SESSIONS | | |
| 10:30 a.m. – 12:00 p.m. | Bibliotherapy with Children Who Have a Sibling with a Disability | CA |
| Session #60, 0.15 CEU Emerald B | | |
| <p>Dawn DeVries, DHA, MPA, CTRS Susan Sunden, MEd, CTRS</p> <p>Children who have a sibling with a disability face unique challenges not encountered by children who have siblings who are typically developing. This session will review the development and implementation of a mixed methods research study, as well as provide suggestions on how to develop a bibliotherapy program with this population. The focus on this bibliotherapy intervention was on helping these children identify their feelings towards their siblings and ways to cope with those feelings. The APIED process will be reviewed, as well as implications for future implementation, replication and research related to the use of books with children who have a sibling with a disability.</p> | | |
| 10:30 a.m. – 12:00 p.m. | Put Granny in the Game: A Progressive Approach to Adaptive Sports Programming | OA |
| Session #61, 0.15 CEU G. R. Ford | | |
| <p>Laura Kelly, MS, CTRS Kathryn Mitchell, MS, CTRS Brianna Panosian, CTRS Kerri Denyer, MS, CTRS</p> <p>Imagine walking into a nursing home and seeing a basketball hoop, putting green, and a dining room transformed into a baseball diamond. Recently, recreational therapists challenged the status quo of aging by designing, implementing and measuring the impacts of a theory-based, therapeutic adaptive sports program on long-term care residents. Guided by Self-Determination Theory, therapists strategically designed protocols for practices and competitions against community senior livings to promote autonomy, competence, and relatedness. Assessments revealed improvements in social, emotional, cognitive, and physical domains. While adaptive sports traditionally exist within youth, veteran, and/or community settings, this session aims to share the successes of this research to encourage a more systematic, outcome-driven approach across all settings. Whether you're a student, practitioner, or educator, this session will provide you with the tools to feel empowered and prepared to tackle the seemingly intimidating worlds of program design and research.</p> | | |

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| 10:30 a.m. – 12:00 p.m. | Adult Day Programs for Persons with Profound Developmental Disabilities: Focus on Programming Design | RE, CM |
| Session #62, 0.15 CEU Vandenberg B | | |
| <p>Michael Crawford, ReD, CTRS Carly DeBruin, MS, CTRS Rachael Ludolph, CTRS</p> <p>This program illuminates the poor quality of national medical daycare serves for participants with profound ID/DD. A model therapeutic recreation program piloted for the last five years with several adult daycare facilities is presented. Three extensive longitudinal case-study presentations will illustrate appropriate adapted curriculum and equipment accommodations, as well as precision teaching approaches that have been clinically validated. A case is made for replication of this model's success and the potential expansion of TR services into the adult daycare industry.</p> | | |
| 10:30 a.m. – 12:00 p.m. | Promoting Diversity and Cultural Competency: A Future of ATRA Panel Discussion | ATRA Event |
| Session #63, 0.15 CEU Pearl | | |
| <p>Tameka Battle, LRT/CTRS, CDP, CADDCT Jo Ann Coco-Ripp, PhD, LRT/CTRS Mary Ellen Broach, EdD, CTRS Shelly Beaver, MS, CTRS Cameron Belcher Susan Hundley</p> <p>Health care organizations all across the nation are committed to recruiting a diverse work force. However, qualified minority Recreation professionals are often underrepresented in the TR/RT work force. This underrepresentation could also lead to a lack of culturally diverse programming. While it is imperative to have cultural competency as a skill set for all CTRSs, there are vague and ambiguous guidelines in both higher education and practice. This panel of educators, practitioners, students and ATRA board representatives will provide feedback on the factors that may contribute to those issues in their representative areas, while offering best practices to serve as a guide for implementation. Participants will understand the role that the recreational therapy practitioner and instructor play in promoting diversity in the RT/TR field and ensuring cultural competency is an assessable skill set that identifies competent practice by the therapeutic recreation professional.</p> | | |
| 10:30 a.m. – 12:00 p.m. | Writing for Publication: How, What, Why, and When? | ALL |
| Session #64, 0.15 CEU Ruby | | |
| <p>Nancy Richeson, PhD, CTRS, FDRT Marcia Jean Carter, ReD, CPRP, CTRS Megan Janke, PhD, LRT/CTRS Candy Ashton, PhD, LRT/CTRS, FDRT</p> <p>Come meet the Editors, Editorial Review Boards, and the Associate Editors of the American Journal of Recreation Therapy (AJRT) and the Therapeutic Recreation Journal (TRJ). We will update you on each journals initiatives and will discuss how to use the journals as a tool to promote evidence-based practice and practice-based evidence. The goal for both journals is to promote networks that support professional writing. If you have ever wanted to write for publication, but did not know where to start join us for this interactive session that will have you motivated to turn your innovative intervention into a peer-reviewed publication.</p> | | |

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| 10:30 a.m. – 12:00 p.m. | Active Transportation: Accessing the Community and Improving Wellness | MH |
| Session #65, 0.15 CEU Governor's | | |
| <p>Gretchen Snethen, PhD, CTRS Brandon Snead, MS, CTRS</p> <p>Community participation and integration are increasingly a goal of mental health services and a key component to recovery for individuals with serious mental illnesses (SMI). Access to transportation and the ability to use transportation within one's city facilitates social inclusion, enhances well being, and increases feelings of independence. Individuals with SMI report access to transportation as very important and a key component to promoting community participation. Conversely, limited access to transportation is often cited as a barrier that prevents participation in the community and engagement in meaningful life roles. Active transportation uses human power to move from one place to another and typically includes walking and cycling. This session provides an overview of the benefits of active transportation for individuals with SMI and an overview of three intervention strategies used with individuals with SMI to increase independent transportation and health outcomes, including personal wayfinding strategies, bikeshare, and an earn-a-bike program.</p> | | |
| 10:30 a.m. – 12:00 p.m. | Implementing the APIED Process in the Community | CM |
| Session #66, 0.15 CEU Vandenberg A | | |
| <p>Heather Bright, MS, CTRS</p> <p>The APIED process can exist in any setting where Recreational Therapy services are provided. If you are a community practitioner, and have struggled with how the APIED process fits within your services, then this is the session for you. The APIED process in the community setting may seem like an enigma at times, but it is a valuable tool for providing quality programs and services. Session participants will be provided with examples for how to implement each part of the APIED process within their community setting, as well as strategies for advocating for this to managers, administrators, executive directors, etc. Practitioners with experience in this are also encouraged to attend, in order to share their insights.</p> | | |
| 12:00 p.m. – 1:30 p.m. | LUNCH | |
| 12:00 p.m. – 1:30 p.m. | Section Leader Lunch - Leadership Development | ATRA Event |
| 0.15 CEU Pearl | | |
| <p>Thea Kavanaugh, MPH, CTRS Open to Section Leaders Only</p> | | |
| | Internship Expo/Student Development | ST |
| 0.15 CEU G. R. Ford | | |
| <p>The Internship Social will allow students to gather more information about each of the different internship sites available. Haven't signed up? Ask at registration.</p> | | |
| Work Force Focus Group | | |
| Emerald A By Invitation Only | | |
| American Journal of Recreation Therapy Editorial Meeting | | |
| Ruby | | |

CONCURRENT SESSIONS

| | | |
|---|--|----------------|
| 1:30 p.m. – 3:00 p.m. | From Education to Application of the APIED Process: A Community Perspective | COM |
| Session #68, 0.15 CEU Emerald B | | |
| <p>Sarah Braun, CTRS Felicia Barnhart, CTRS Diane Ridderhoff, CTRS</p> <p>A common stigma that community-based Recreation Therapists face is the validation of their education and application of therapeutic techniques in comparison to therapists working in a hospital/clinical setting. In this session, we will discuss how Recreation Therapists set measurable goals, evaluate outcomes, and complete documentation in a community-based setting. Topics include merging clinical documentation and goal development with community-based programming, evolution of narrative and SOAP notes to track individual and program goals, and the importance of maintaining consistency and quality standards of practice in any therapeutic recreation setting.</p> | | |
| 1:30 p.m. – 3:00 p.m. | Media Interventions within Long-Term Care | OA |
| Session #69, 0.15 CEU Vandenberg A | | |
| <p>Sara Rinke, CTRS Dawn DeVries, DHA, MPA, CTRS</p> <p>The use of media interventions in Long-Term care settings has growing possibilities and opportunities. This session will review various media interventions when working with older adults within a Long-Term care setting. Specific to these interventions are discussions relating to which type of resident would benefit, how they would benefit as well as additional benefits for the team when working with residents. Along with identified benefits, this presentation will also identify how interventions were adapted in order for them to be successful for the residents.</p> | | |
| 1:30 p.m. – 3:00 p.m. | Gio's Garden: A New Approach to Recreational Therapy in Early Childhood | CA, COM |
| Session #70, 0.15 CEU Vandenberg B | | |
| <p>Maggie Whaley, CTRS Chloe Shutter, CTRS</p> <p>This session will focus on using recreational therapy with individuals in early childhood. You will hear an overview of Gio's Garden programs and how the agency has successfully incorporated purposeful recreation and leisure into their therapeutic respite care model. Participants will understand how Gio's Garden implements assessments, interventions, evaluations, and a diverse internship program geared towards children with disabilities and their families. You will learn about Gio's Garden's history, agency structure, and programs. You will also learn how to implement a similar program, including identifying potential sources of funding.</p> | | |
| 1:30 p.m. – 3:00 p.m. | Higher Education - Internship Challenges and Solutions | ED |
| Session #73, 0.15 CEU Emerald A | | |
| <p>Jo Ellen Ross, PhD, CTRS Fran H. Stavola Daly, EdD, CTRS</p> <p>This session will explore how we can increase the quality of the internship experience with a focus on (a) selection criteria for internship sites, (b) internship supervision including meeting NCTRC Job Analysis Tasks, (c) accommodations for student and (d) placing RT students who are not seeking the CTRS credential.</p> | | |

| | | |
|---|--|------------|
| 1:30 p.m. – 3:00 p.m. | The Relevance of Community Based Programs in the Treatment and Discharge of Older Adults | OA |
| Session #77, 0.15 CEU Governor's | | |
| <p>Julie Lake, MPA, CTRS</p> <p>This session will discuss how community based programs can be important sources of activity and opportunity for older adults. These programs can be included in Recreation Therapy programs within Independent, Assisted and Skilled Nursing Communities, or can be an important discharge tool. Four specific evidence based health promotion programs that are found across the country (A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise Program, and Tai Chi for Arthritis) will be introduced. You will learn about the basics of these programs, who developed them, how to implement them, and why you should consider them as treatment options. The benefits for participants and providers in using evidence based programs will be discussed. In addition, participants will learn more about the community based Senior Odyssey of the Mind program and how this program can be included in discharge or Recreational Therapy programs to address cognitive functioning, socialization, creativity and more!</p> | | |
| 3:00 p.m. – 3:30 p.m. | BREAK Center Concourse Area Second Floor | |
| CONCURRENT SESSIONS | | |
| 3:30 p.m. – 5:00 p.m. | Using and Adapting HeartMath in Recreational Therapy | ALL |
| Session #75, 0.15 CEU Emerald A | | |
| <p>Paige Camille Dagenhard, PhD, LRT/ CTRS</p> <p>HeartMath is a training tool specifically for biofeedback intervention strategies. This session is aimed to provide an understanding on the importance of stress management and relaxation in the field of Recreational Therapy as well as provide tools in using HeartMath. Participants will be given the necessary information for providing a HeartMath program in their facility such as building heart resiliency, reduce stress and unlocking a natural intuitive guidance for relaxation. Participants will also be given the tools for creating a coherent mindset in themselves and future patients/clients. Participants will be provided with examples on how to adapt the techniques to multiple populations served by the Recreational Therapists in our field.</p> | | |
| 3:30 p.m. – 5:00 p.m. | A Guide for Problem Solving and Decision Making, Using Best Practices in Inclusive Recreation | SCH |
| Session #76, 0.15 CEU Pearl | | |
| <p>Heather Silander (Andersen), EdD, CTRS</p> <p>As more and more individuals with disabilities seek to participate in inclusive recreation, the needs of the clients are changing, introducing new challenges for the professional. Inclusion can be a great experience for all involved, but not without challenges. This session will discuss trends, common challenges and how to use best practices when faced with a challenging situation, along with other tips and guidelines for providing a least restrictive environment for clients with a variety of disabilities.</p> | | |
| 3:30 p.m. – 5:00 p.m. | Advance your Career: Make Yourself More Marketable | PP |
| Session #78, 0.15 CEU Emerald B | | |
| <p>Thea Kavanaugh, MPH, CTRS Taylor Bannasch Heath, CTRS Holly Eichner, MEd, CTRS Kristen Clatos Riggins, MA, CTRS, ATRIC Ashley Bowen, MS, MTRS, CTRS</p> | | |

| | | |
|---|--|----------------|
| | <p>Laura Kelly, MS, CTRS Melissa Long, CTRS, DPG Missy Armstrong Beyerlin, MS, CTRS/R, FDRT Patty Irvin, MPA, CTRS Karley Brouwer, CTRS Abby Pestak, MS, CTRS Jenny Dilaura, MA, CCLS, CTRS Amanda Chamberlain, CTRS/L Jesse Bennett, PhD, CTRS Deborah Tysor, MS, TRS, CTRS</p> <p>Whether you are currently job hunting or considering looking for a new position, there are steps you can take to make yourself more attractive to potential employers. This interactive session will provide participants with the opportunity to develop their marketability and prepare for jobs and/or internships within settings of interest. ATRA Section Leaders will share career enhancing steps and job-specific skills currently in demand and those likely to be valuable in the future. Participants will gain helpful insight into applying and interviewing so they can be in a strong position to compete for jobs. Take away information about setting-specific assessments, interventions, and evidence-based practice modalities will be shared. Current job and internship postings will also be available within each setting.</p> | |
| 3:30 p.m. – 5:00 p.m. | Trauma Informed Care: Moving Toward Universal Precautions in Treatment | MH |
| Session #79, 0.15 CEU Governor's | | |
| <p>Tara DeLong, MS, CTRS, CHES</p> <p>The session is an introductory workshop toward understanding the intersections of trauma, social location, health outcomes, and trauma informed practices. Utilizing trauma informed practices as a "universal precaution" in TR planning and service delivery requires a systems approach. How can your department and agency utilize the public health data to support your work with patients/clients in improving treatment outcomes?</p> | | |
| 3:30 p.m. – 5:00 p.m. | Taking The First Step (And The Next And The Next): A Comprehensive Approach To Successful Community Reintegration Following Inpatient Rehabilitation | RE |
| Session #80, 0.15 CEU Vandenberg A | | |
| <p>Jamie DuVerneay, CTRS, CBIS, RYT Adrienne R Veenstra, CTRS, CBIS, BS-R, BA</p> <p>Each time you step outside your house, you utilize a plethora of skills without conscious thought: physical, cognitive, social, and emotional. After a stroke, acquired brain injury, or amputation, these skills can be suddenly thrown into disarray, making the transition into a community setting uncertain, unsafe, and consequently avoided. This session will describe the specialized skills a recreation therapist can provide during the rehabilitation process to provide a confident, safe, and fully involved experience in any community setting. We will explore specific modalities for integration, effective forms of education, and advocating for the profession through community connections. Our goal is for you to know how to provide patients and their support systems with the tools necessary to lead a productive and independent life as a member of their community.</p> | | |
| 3:30 p.m. – 5:00 p.m. | Attaining Life Skill Goals Through Therapeutic Horseback Riding | CA, COM |
| Session #81, 0.15 CEU Vandenberg B | | |
| <p>Shaina Strikwerda, CTRS, Registered Level PATH Intl. Instructor Melissa Conner, Advanced Level PATH Intl. Therapeutic Riding Instructor</p> <p>While staying within their scope of practice, PATH Intl. therapeutic horseback riding instructors work to teach participants with varying abilities the skill of horseback riding and horsemanship.</p> | | |

These carefully selected riding skills eventually translate into the achievement of life goals previously chosen by the participant (parent, caregiver, etc.). "Participant's life goals are the desired and achievable skills that enhance their quality of life, such as riding a bicycle...or walking across the stage to receive a diploma (Webster, 2014)." This presentation is meant to provide recreation therapists and other professionals an overview of the exciting connection between purposeful lesson plans and measurable life goal outcomes for a participant of therapeutic horseback riding services. A variety of case studies and testimonials will be discussed, as well as specific program evaluation samples. Evidence-based research will be briefly reviewed, for example, the positive correlation of therapeutic horseback riding to improved self-concept, social interactions, cognitive ability, sensory processing, and affect (Dattilo & McKenney, 2011). The facilitation technique of therapeutic horseback riding allows us to creatively achieve goals in many aspects of our client's life, making it a beneficial treatment modality for those with varying abilities.

3:30 p.m. – 5:00 p.m.

Comparison Of SCI Patient Outcomes Based On Amount Of Recreation Therapy Received During Inpatient Rehabilitation

RE

Session #82, 0.15 CEU | G. R. Ford

Madalyn Weber, MS, CTRS
 Cecilia Y Rider, MS
 Kelly Edens, CTRS

This session describes findings using SCIRehab public use datasets and compares one-year and five-year post injury outcomes for persons with SCI who received < 10 hours of therapeutic recreation (TR) intervention during rehabilitation to those who received >20 hours. At one-year post injury, patients with greater functional limitations and more medical severity, who received > 10 hours TR reported significantly higher rates of employment/school and residing at home. They also had higher CHART scores, less pressure ulcer development, and greater participation in recreational pursuits. At five-year post injury, trends from one-year post injury continue. Patients who received >20 hours of TR had significantly higher rates of employment/school compared to patients who received < 10 hours of TR. They also had higher community participation scores (CHART social integration, mobility, occupation). Session participants will brainstorm ideas for using data presented to enhance TR practices.



NEED QUICK INFORMATION ON A SESSION?

Check the latest and most up to date session information, make your own schedule, complete your session evaluations, sign in and out of meetings to get CEUs, and more.

DOWNLOAD THE ATRA EVENTS APP TODAY AT THE APP STORE!



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8:30 a.m. – 5:00 p.m.

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Campau Room

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CONFERENCE REGISTRATION / PACKAGES

A full package includes general sessions, exhibitor breaks and socials, and concurrent sessions. Daily registrations, preconference only attendees, and guests may purchase access to socials and meals on-site. Additional fees apply for all conference attendees for: CEUs, Pre-Conference Institutes, and other optional events as noted in the program.

ATRA STORE

Be sure to visit the ATRA Bookstore for publications/resources to enhance your practice. Also available are promotional items to support the profession!

CELL PHONES

Please turn off your cell phones or place them in a silent mode during conference events.

SAFETY

Please be aware of the people, events and occurrences around you. Pay attention and know your destination, as well as the best way to reach it. Build awareness of unknown surroundings. Go out with someone else particularly at night.

Establish a "buddy system" with another attendee, share schedules and check on each other. Also, please remember to remove your name badge when leaving the conference area.

NAME BADGES

For security purposes, please have your name badge on throughout the day, when attending conference events. Hotel staff and ATRA volunteers will be checking for name badges to ensure that those in the hotel are guests and should be here. You may not be admitted to conference activities or sessions without a name badge.

RECOMMENDED DRESS

Casual business attire is the preferred dress for ATRA conferences. Please bring a sweater or jacket. Venues tend to over-cool rooms rather than under-cool them. Temperature then varies based on attendance.

CHILDREN

ATRA welcomes children at the conference; however, conference educational sessions are designed for a professional audience. Please plan accordingly and do not bring children or infants to sessions.

AMERICANS WITH DISABILITIES ACT (ADA)

We want to provide the best learning experience for everyone. In compliance of the ADA, should you require any accommodation to fully participate in this training, please visit the registration desk, if you have not already let us know.

NEW PHOTOGRAPHS

Photographs will be taken throughout the conference and may be posted on the ATRA Facebook page and other media and social networks. Please email us at conferences@atra-online.com to let us know if you would like to refrain from having your picture taken. Kindly inform the photographer that you do not want to be included in photos if you notice photos being taken.

GENERAL INFORMATION



RECREATIONAL THERAPY

WHY STUDY RECREATIONAL THERAPY AT THE UNIVERSITY OF UTAH?

- A nationally recognized faculty and degree program
- A professionally involved student body and alumni in the state and national professional organizations
- An excellent career placement history
- A RT program that exceeds the standards of the National Council for Therapeutic Recreation Certification (NCTRC)
- Four intensive clinical rotations and an internship experience

CONTACT

DEPARTMENT OF OCCUPATIONAL AND RECREATIONAL THERAPIES
Phone: (801) 585-9135
Web: <http://health.utah.edu/occupational-recreational-therapies>



WHAT SESSIONS CAN YOU EARN CREDIT FOR?

CEUs can be earned for each numbered session in the program.

HOW DO I FIGURE OUT HOW MANY CREDITS I HAVE EARNED?

Actual amount of credit awarded will be based on complete educational sessions attended.

The formula to calculate what you will earn is that each full hour (60 minutes) of instruction equals **.1 CEU**. Therefore, **6 hours** of instruction is equal to **.6 CEUs**, 90 minutes of instruction **.15 CEUs**, etc.

HOW DO I MAKE SURE I AM GETTING CREDIT FOR THE SESSIONS I AM ATTENDING? - VERY IMPORTANT

This year we will not be issuing hole-punch paper to track CEUs. There will be two ways available to you.

1. Download the app and enter in a start code and end code for each session.
2. We will have lists of the individuals who paid for CEUs at the back of each session and if you don't have the app, you will need to sign in and sign out to receive credits.

READ THIS. VERY IMPORTANT!!!

Credit is not given for partial attendance. You may NOT leave the session for more than 15 minutes. If you leave the session for longer than 15 minutes, you will not receive credit. No exceptions!

For three and six-hour sessions, please sign in after the break next to your first signature. You must attend the entire three or six-hour session to receive CEU credit. Only attending half of a three or six-hour session does not meet the session objectives or ensure receiving complete/accurate information. You will not receive half credit.

ATRA verifies attendance on sign in sheets and cross checks these with the names of those who purchased CEUs. If you do not sign in, or enter the opening code for the session in the mobile app, or

are late to a session, you may not receive CEUs as there is no way to verify that you were at the session for its duration. If you sign in but don't sign out or fail to enter the closing code using the mobile app, you will not receive CEUs. This is done in accordance with accreditation standards.

Credit for Speakers/Presenters: Speakers and presenters do not earn CEU credit through ATRA for their presentation. Credit may be available through certifying bodies, such as NCTRC.

NOTE: We will have monitors in all of the rooms at all times to make sure you do not leave a session for more than 15 minutes. Please abide by the rules! For ATRA members, after the conference we will be inputting your earned CEU directly into your membership record. These CEUs will be stored on your membership profile. You will not be able to edit this. But you will be able to track your CEUs earned through ATRA there and will have the ability to print your own transcript. We will be doing our best to upload the sessions individuals attended each day directly into your record. You will be able to make sure we've got the information correct quickly after the conference.

NOT A MEMBER?

We will be sending you a transcript within 6 weeks after the conference is concluded.

PLEASE NOTE this is a new process. **Please bear with us!!!** We are trying to do our best to eliminate paper and minimize human error. We hope you will have patience as we run through this.

CEUS



How can Recreational Therapy help your client?

GENERAL RECREATIONAL THERAPY BENEFITS CAN INCLUDE:

- Return to Work / School / Community Integration
- Assist with Social Skills
- Promote Independence
- Develop Cognitive Skills
- Diminish Stress
- Moderate Anxiety and Anger Issues
- Assist in Pain Management
- Decrease Secondary Health Issues
- Decrease Re-Hospitalization
- Restore Energy

CLIENTS WHO ARE IDEAL FOR RECREATIONAL THERAPY

- Those who have tried other techniques and therapies without success
- Those who are exhibiting signs of depression
- Those who have stated "they can't do anything anymore"
- Aged work force sustaining additional injuries
- Those who may be able to return to "work" but may need time to identify other employment abilities
- Those deemed permanently or partially disabled

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ANNUAL IN THERAPEUTIC RECREATION

The American Therapeutic Recreation Association is pleased to invite the submission of manuscripts for the **Volume 26** of the **Annual in Therapeutic Recreation**, the official research journal of the Association. The purpose of the Annual is to further advance the body of knowledge of the therapeutic recreation profession by creating new knowledge and understandings in practice and in education. The Annual publishes a wide range of original, peer-reviewed articles such as:

- Evidence-based practice/ Empirical studies
- Systematic reviews
- Application of theories or models to practice and education
- Program or service evaluations/ Case studies
- Methodological reviews
- Current issues and trends in service delivery or education
- Innovations in service delivery or education
- Practice protocols

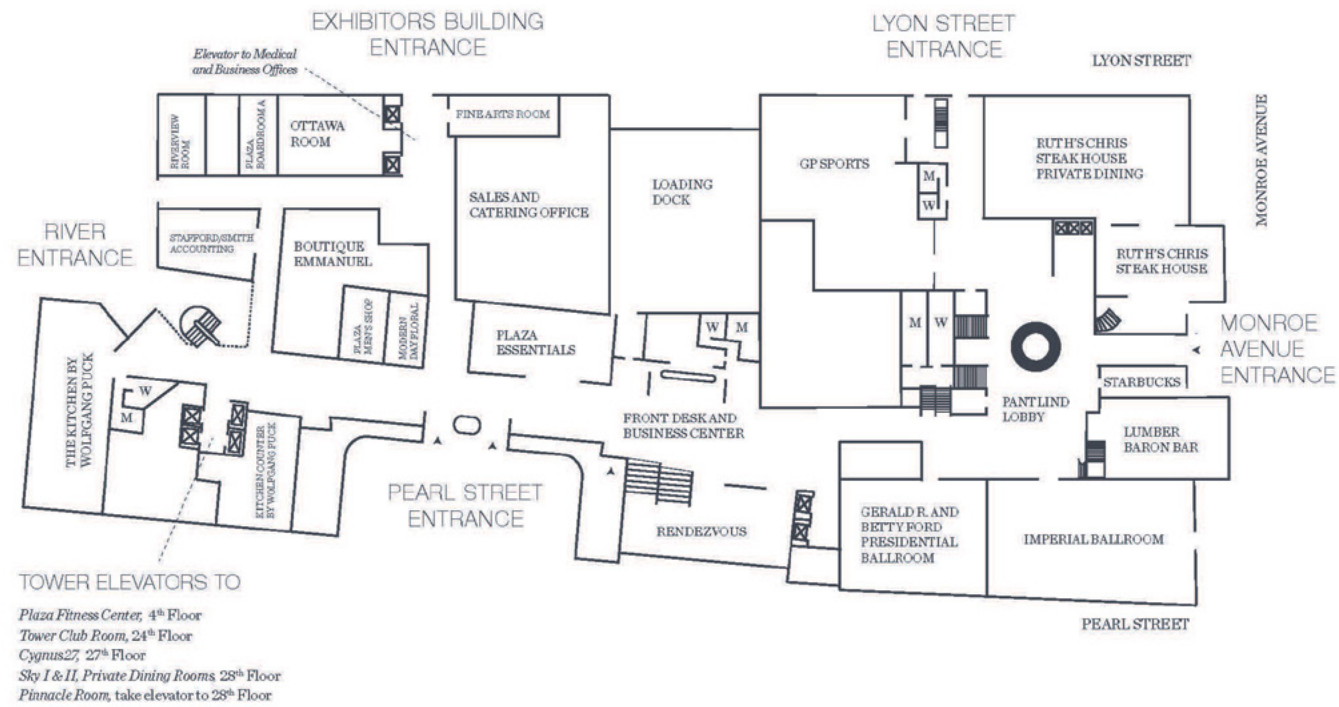
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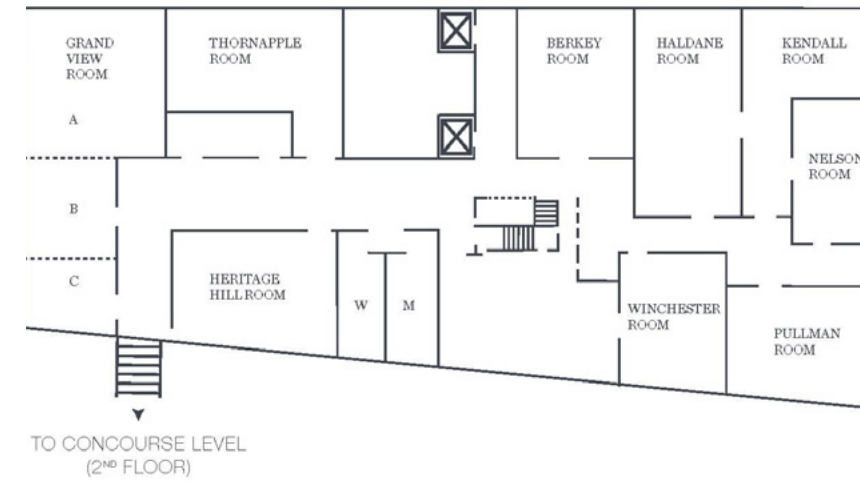
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jankem@ecu.edu

DEADLINE FOR SUBMISSION:
FEBRUARY 15, 2019

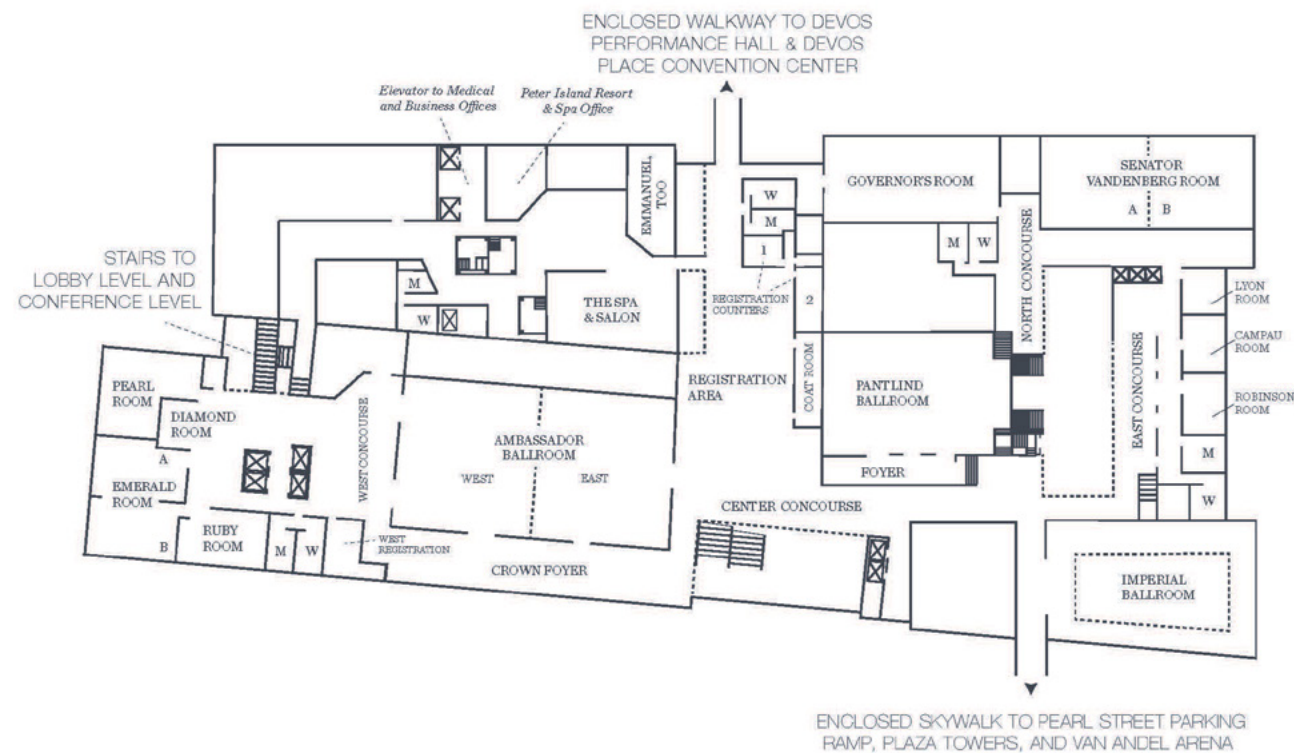
LOBBY LEVEL | FIRST FLOOR



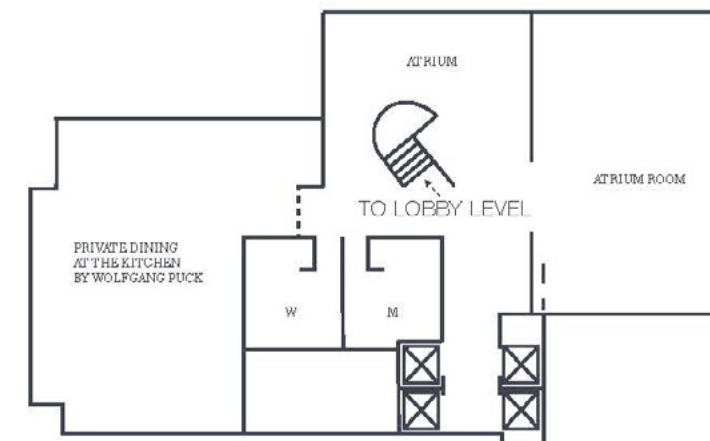
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ATRIUM | LOWER LEVEL



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